



# MCCC Fitness Center Rules

FITNESS CENTER IS FOR USE OF REGISTERED GUESTS ONLY

- Access to Fitness Center only permitted during hours of operation. All users must register to receive an access card.
- Use equipment at own risk.
- No horseplay.
- Use of cardio equipment limited to 30 minutes during peak hours.
- Proper fitness attire must be worn. Open toed shoes prohibited.
- Drinks must be in control-top, non-glass containers. Food is prohibited.
- Floors and walkways must be free of personal belongings and bags. Do not leave valuables unattended. *MCCC is not responsible for stolen articles.*
- Please use headphones. Broadcasting music freely is prohibited. Phone usage for calls or texts prohibited.
- Re-rack weights and accessories. Do not remove equipment from Fitness Center.
- Dropping equipment (dumbbells/barbells etc.) is prohibited.
- Spotters/Workout partner recommended for free weight use.
- Wipe off all equipment and exercise mats after use.
- Oxygen Restriction/Elevation Masks prohibited.
- Report unsafe conditions to Campus Safety, [CampusSafety@mc3.edu](mailto:CampusSafety@mc3.edu)
- Report damaged equipment to [pottstownfitnesscenter@mc3.edu](mailto:pottstownfitnesscenter@mc3.edu)
- Report any personal injury to Public Safety immediately. A phone that goes directly to Public Safety is attached to the wall by the entrance.
- No changing of clothes within the fitness center.
- No locks allowed on lockers overnight. Locks only allowed while you are within the fitness center.



***MCCC Code of Conduct applies to Fitness Center. Failure to follow Code of Conduct or Fitness Center Rules will result in revocation of Fitness Center use.***