INTRODUCTION:

Montgomery County Community College is in compliance with the Drug-Free Schools and Campuses Regulations. This report has been prepared by the Director of Campus Safety, in conjunction with the Executive Director of Human Resources, Director of Student Life, and Dean of Student Affairs, in evidence of that compliance.

OBJECTIVES:

The objectives of this review as outlined in the U.S. Department of Education manual, “Complying with the Drug-Free Schools and Campuses Regulations,” are:

- To determine the effectiveness of the Alcohol/Drug program and implement needed changes
- To ensure disciplinary sanctions for violations of standards of conduct are enforced consistently

EDGAR Part 86, DRUG-FREE SCHOOLS AND CAMPUS REGULATIONS

COMPLIANCE CHECKLIST

1. Does the institution maintain a copy of its drug prevention program? If YES, where is it located? **YES**

   A. Descriptions of the drug prevention program may be obtained in Public Safety at the Central Campus in Blue Bell, West Campus in Pottstown and Culinary Arts Institute, through the Student Support & Referral Team in the Student Success Centers and is available on the College’s webpage under Policies.

   B. Montgomery County Community College Alcohol & Drug program emphasis is on education, outreach, support and referral. Workshops, guest speakers, informational materials dealing with health-related issues and behavioral risks associated with drugs and alcohol are collaboratively planned by the Student Support & Referral Team in the Student Success Centers, in collaboration with Public Safety and Student Leadership & Involvement.

   C. Integration of Alcohol & Drug education is evident across the college in many classes: “Drug & Alcohol Treatment Process - Introduction,” a three credit course offered
through the Human Services Division is a requirement for graduation in both the Addiction Certificate program (36 credits) and Concentration in Addictions A.A.S. degree program (70 credits). It can also be taken as an elective in other programs, including Psychology A.S. program. Lectures on the effects of alcohol and drugs are also included in many other programs, such as Health Sciences, Social Sciences, and the Culinary Arts Institute. Students in the Health Sciences curriculum share information about a variety of health-related topics, including alcohol and drugs, at health & wellness expos for the college community and the local community at large.

D. In addition to a strong educational component in the drug and alcohol use/abuse prevention program, the Student Success Center and the Student Support & Referral Team provide confidential triage counseling services and referrals to community agencies and treatment programs for students who have alcohol and drug related problems and are in need of assistance. The Judicial Affairs team may solicit the assistance of the Student Support & Referral Team, as needed, for students with alcohol and drug related issues.

2. Does the institution provide annually to each employee and each student, who is taking one or more classes for any type of academic credit, except for continuing education units, written materials (including any electronic mediums) that adequately describe and contain the following?

A. Standards of conduct that prohibit unlawful possession, use, or distribution of illicit drugs and alcohol on its property or as a part of its activities.

   Students: YES   Staff/Faculty: YES

B. A description of the health risks associated with the use of illicit drugs and the abuse of alcohol.

   Students: YES   Staff/Faculty: YES

C. A description of applicable legal sanctions under local, state, or federal law.

   Students: YES   Staff/Faculty: YES

D. A description of applicable counseling, treatment, or rehabilitation or re-entry programs.

   Students: YES   Staff/Faculty: YES

E. A clear statement of the disciplinary sanctions the institution will impose on students and employees, and a description of those sanctions.
Students: YES  Staff/Faculty: YES

3. Are the above materials distributed to students in one of the following ways?

A. E-mailed:

Yes.
Materials are emailed to students at the beginning of each semester through Enrollment Services, along with disclosure and reporting requirements found on the College’s website under Consumer Information. Campus Safety emails notification with links to the Annual Security Report and Drug and Alcohol Abuse Prevention Policy to all students registered as of October 1 of each year.

B. Through campus post office boxes:

No.
The College is a commuter campus and does not provide campus mailboxes.

C. Class schedules which are mailed to each student:

No.
Students obtain their class schedules online.

D. During new student orientation:

Yes.
During the Gateway to College orientation, Student Affairs covers this information. Information provided includes: illegal drugs, including alcohol, are prohibited on campus; violations can result in probation, suspension or expulsion; Drug and Alcohol policy is available on College website. Beginning fall 2019, new student orientation no longer includes a presentation facilitated by Public Safety and Human Resources that historically covered this information.

E. In another manner:

Yes.
Information is available on the College’s website under Section: About MCCC – Policies & Procedures – Policy 5.5: Drug and Alcohol Abuse Prevention.
A link to the policy is also available in the Student Handbook, which is distributed annually at the beginning of the Fall and Spring semesters.

4. Does the institution’s distribution provide reasonable assurance that each student receives the materials annually?
Yes.
An email is sent out every semester to all enrolled students notifying them of the College’s various disclosure and reporting requirements. In this email, they are given instructions on how to view the College’s Drug and Alcohol Abuse Prevention Policy.

5. **Does the institution’s distribution plan make provisions for providing these materials to students who enroll at some date after the initial distribution?**

Yes.
Student handbooks are made available to students who enroll throughout the year. Email notifications are sent at the beginning of each semester to ensure new students coming for each semester, as well as returning students, receive/have access to the handbooks. The emails are sent based on the third week census data to ensure late enrollees receive the information.

6. **Are the above materials distributed to staff and faculty in one of the following ways?**

A. E-mailed:
   - Staff: **YES**
   - Faculty: **YES**

B. Through campus office mailboxes:
   - Staff: **NO**
   - Faculty: **NO**

C. During new employee orientation:
   - Staff: **YES**
   - Faculty: **YES**

7. **Does the means of distribution provide reasonable assurance that each staff and faculty member receives the materials annually?**
   - Staff: **YES**
   - Faculty: **YES**

All employees receive the materials electronically after the first of the year annually. Employees must “accept” the materials before being allowed to continue to the Faculty/Staff Portal.

8. **Does the institution’s distribution plan make provisions for providing these materials to staff and faculty who are hired after the initial distribution?**
   - Staff: **YES**
   - Faculty: **YES**

New employees receive materials as part of their onboarding process and new employee orientation.

9. **In what ways does the institution conduct biennial reviews of its drug prevention program to determine effectiveness, implement necessary changes, and ensure that disciplinary sanctions are enforced?**
A. **Conduct alcohol and drug use survey.**  
Students: NO  Staff/ Faculty: YES

B. **Conduct opinion survey of its students, staff, and faculty.**  
Students: NO  Staff/ Faculty: YES

In 2016, new employee online orientation, facilitated by Human Resources, began including survey questions for new employees regarding their understanding of the College’s Drug and Alcohol Abuse Prevention Policy. These questions were also reviewed during the in-person orientation.

In addition, the College’s employee assistance program provider, Carebridge Inc., provides Human Resources with confidential (e.g. no identifying information) utilization reports throughout the year which indicate usage trends by employees and/or dependents related to issues such as addiction, personal/emotional, work-related, general information and legal advice.

C. **Evaluate comments obtained from a suggestion box.**  
Students: NO  Staff/ Faculty: NO

D. **Conduct focus groups-Students.**  
Students: NO  Staff/ Faculty: NO

E. **Conduct intercept interviews.**  
Students: NO  Staff/ Faculty: NO

**Comment:** In January of 2020, the College, in collaboration with MindWise provides online mental health screenings at: screening.mentalhealthscreening.org/mc3.

The platform offers a quick, anonymous screening assessment for treatable conditions like depression, anxiety, substance abuse (drugs, alcohol and tobacco), educational information about common mental health conditions, and access to treatment resources in their area.

Monthly reports with screening totals for depression, bipolar, anxiety, PTSD, psychosis, alcohol, eating disorders, adolescent depression and resiliency are provided by Screening for Mental Health, Inc., to the College’s Student Success Center and Student Support Referral Team for use in planning future programs, etc.

F. **Assess effectiveness of documented mandatory drug treatment referrals for students and employees.**
Employees:
There are no mandatory drug treatment referrals for employees during the period under review.

Students:
There are no mandatory drug treatment referrals for students during the period under review. Students have been confidentially referred to community resources on a voluntary basis; therefore, data on effectiveness is not available.

G. Assess effectiveness of documented cases of disciplinary sanctions imposed on students and employees.

Employees:

i. No employee situations occurred involving drug or alcohol use/abuse during the period under review.

Students:

i. November 2018 - Two students were caught with THC filled vape cartridges. The minor student, who was in the Gateway to College program, was attempting to sell the cartridges to a MCCC student. Public Safety and police were called. After an investigation it was determined the vapes contained THC. The College student was immediately placed on interim suspension and mandated to get drug/alcohol counseling before he could return. The minor student was given severe probation with regular check-ins with staff.

ii. November 2019 - MCCC student living at Gwynedd Mercy University was caught with a vape cartridge filled with cannabis oil. GMU placed the student on probation and was mandated to speak with a GMU counselor and take a drug/alcohol seminar. MCCC also placed the student on probation with regular check-in with both GMU and MCCC staff.

10. Who is responsible for conducting these biennial reviews?
Members of the College Administration including the Director of Campus Safety, Director of Student Life, Dean of Student Affairs, and the Executive Director of Human Resources are responsible for conducting the biennial review. All policies pertaining to alcohol & drug use/abuse, disciplinary action, and campus safety issues are reviewed through the Department of Campus Safety. Representatives from other areas of the College, such as Student Affairs, Public Safety, Enrollment Services, Student Life, Academic Affairs and Human Resources, are involved as collaborative resources throughout the year. When reviewing and updating policies, the policies are also sent to the College’s All-College Student Life Committee as part of the College’s governance system. The Student Life
Committee includes representation from faculty, support staff, administrators, and the College’s Student Government Association.

11. If requested, has the institution made available, to the Secretary and the public, a copy of each requested item in the drug prevention program and the results of the biennial review?

Yes.
If requested, Montgomery County Community College would make available to the Secretary and the public a copy of each requested item in the drug prevention program and the results of the biennial review.

12. Where is the biennial review documentation located?

The report is located in the Student Success Centers, Human Resources and Public Safety Offices at Central and West campuses as a printed document and is also available as an electronic file. It is available on the College’s Public Safety webpage located at: http://www.mc3.edu/campus-life/safety

Preparation of the 2018-2020 Biennial Review Report included several interactive campus meetings (refer to pages 10 – 22) with key representatives from Student Affairs, Human Resources, and Public Safety. Meetings were held as follows:

A. 1/23/2019  
B. 2/27/2019  
C. 4/24/2019  
D. 6/18/2019  
E. 10/7/2019  
F. 11/4/2019  
G. 12/2/2019  
H. 1/6/2020  
I. 2/3/2020  
J. 3/2/2020  
K. 5/4/2020  
L. 6/1/2020

This biennial report was prepared as a result of the collaborative efforts of those involved with these meetings as well as outreach to other appropriate parties at the College.

13. Comments:
A. Montgomery County Community College is a commuter school with multiple campuses and no residence halls. The College policy of no alcohol and/or illicit drugs on its campuses, College property, or College sponsored events is long standing.
(Alcoholic beverages shall not be bought, consumed, or sold at the College except as authorized by the Board of Trustees).

B. Refer to pages 23-26 for list of educational programs/events held during 2018-2020 related to and/or included information regarding drug and alcohol use/abuse, health risks, prevention strategies and resources available to assist students and employees.

C. Provide Naloxone online training for any college employee upon request.
   a. Only supplied to Public Safety Officers
   b. Nursing faculty and students are trained within their programs

D. After further research, it was found that adding signage in the parking lots and around campus stating that the College is a drug and alcohol-free zone is a K-12 initiative, not a higher education initiative.

E. In the 2019-2020 and 2020-2021 Student Handbook, ads regarding alcohol and drug abuse prevention were included

14. Recommendations:
   A. During various meetings held to review the College’s Drug and Alcohol Abuse Prevention Policy, as well as in the actual preparation of the report, the following recommendations were identified, and actions were taken to begin implementation:

   i. Those responsible for reviewing the College’s Drug and Alcohol Abuse Prevention Policy to meet periodically throughout the year to determine effectiveness of the Policy and initiatives taken to meet requirements

   ii. Conduct student surveys and continue to conduct employee surveys regarding their understanding of the College’s Drug and Alcohol Abuse Prevention Policy

   iii. Coordinate ongoing educational programs for students and employees to support awareness of drug and alcohol use/abuse and prevention strategies, as well as resources available to assist those dealing with issues related to drug and alcohol use/abuse

   iv. Utilize tools such as the College’s employee assistance program provider, Carebridge Inc., to identify trends related to employee drug and alcohol use/abuse, as well as personal issues that may lead to such use/abuse and identify educational programs to assist employees

   v. Utilize EVERFI for training regarding alcohol and drug abuse prevention for employees

   vi. Identify attendance and what worked or did not work to support attendance at educational programs

   vii. Support development of supervisory personnel—was implemented in Fall 2016 called Supervisory Effectiveness Program (SEP). SEP is designed to give staff professional training in the key areas of leadership competencies, policies and procedures, and people skills. In this series, of courses new supervisors learn a basic set of supervisory skills and tools. For the experienced supervisor, the program expands skills enabling the veteran supervisor to improve existing skills and
acquire new ones demanded by an increasingly diverse workforce and changing workplace.

viii. In Spring 2021 and Spring 2022, IT will include a survey attached to the Alcohol and Drug Abuse Prevention policy on the employee portal requiring each individual to complete the survey before accepting the Policy.

ix. Establish an electronic suggestion box for student feedback on Montco Connect.

*

Report Prepared on June 1, 2020 by:

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This report reviewed and accepted by:

Signature: ___________________________ Date: ___________________________
Dr. Victoria Bastecki-Perez, President
Montgomery County Community College
Drug & Alcohol Biennial Review Report Meeting
January 23, 2019
College Hall 147 (Central)—South Hall 130 (West)

Meeting began at 3:05pm

Attendance at Central: Joe McGuriman, Diane O'Connor, Katina Faulk, Tyler Steffy, Phil Needles, Sam Coleman

Attendance at West: Russell Del Rosario

Attendance via Phone: Keima Sheriff

This is a non-reporting year to collect data and to act on recommendations from the 16-18 reports.

Tyler will email report for review—particularly the recommendations for actions to Phil

- I.e.: signage for drug free campus, etc.

Joe made an observation that signs are posted at high schools, not colleges

Not many incidents occur, so the current policy seems to be working

Tyler will provide a list of current programs that have been facilitated regarding alcohol or drug education

Tyler is adding an ad in the 19-20 student handbook regarding drug/alcohol education

- This will include a link to EverFi trainings for students/staff/faculty

We are looking into if we can modify the EverFi trainings to cut down on the time.

  - We proposed to limit it to 45 minutes and make sure that it’s used as part of sanctions regarding incidents involving drugs or alcohol.
  - HR has training that is required for supervisors

Student Life started gathering data from various departments via email requests

Make sure to incorporate Care Bridge sessions and support

It has been challenging to identify attendance at all programs

Public Safety has been trained on Naloxone, but no other staff has been trained yet

  - Naloxone has not had to be used on campus yet.

Part of the recommended actions was to have suggestion boxes via electronic sources
- Student Life is conducting focus groups in the spring semester
- Student Life may be able to incorporate a survey assessing student knowledge about resources regarding drug and alcohol education

Opportunities for collaborative drug and alcohol programming

- Weeks of Welcome
- Spring Fling
- 50 Days Until Commencement

Opportunities to advertise alcohol and drug education/programs

- The Montgazette
- Incorporate it into other events/flyers

Meeting ended at 3:51 PM
Drug & Alcohol Biennial Review Report Meeting

February 27, 2019

College Hall 147 (Central)—South Hall 130 (West)

Meeting began at 3:07pm

Attendance at Central: Katina Faulk, Tyler Steffy, Keima Sheriff

Attendance at West: Russell Del Rosario

Putting the alcohol/drug training on the student portal under Life at Montco

Put the EverFi alcohol/drug training on the website as well
  - Get committee’s feedback on where on the website it should be placed
  - Combine the Alcohol and Drug tabs under 1 tab, the place for the report, policy, and training video within the portal.
  - Potential opportunity for Joe and Russ to create a short video on drug and alcohol resources.

Present to both Jenn and Darryl’s SCS courses for the 19-20 academic year

Currently vaping is considered smoking.
  - One area of concern is the capability of students to vape cannabis.

Make sure to mention vaping in the drug area of the report

Ask Jenna Klaus about the questionnaire that was sent out to students in the past.
  - Build a survey to assess students’ knowledge about the alcohol/drug policy

Build a Kahoot quiz to utilize in trainings as well as a separate quiz to assess student knowledge about the policy

Continue to explore service opportunities to implement over spring break for faculty, staff, and students who may be interested in wellness, drug/alcohol addiction/intervention.

Meeting concluded at 3:55 PM
Meeting began at 3:06pm

Attendance at Central: Katina Faulk, Tyler Steffy, Joe McGuriman, Keima Sheriff

Attendance at West: Russell Del Rosario

Work with EverFi to decrease the amount of time for students to take and complete.

Work with faculty to embed within SCS, Human Services, Nursing, ESW, and Police Academy. Possibly implement EverFi as homework.

Ask Diane if the survey was administered to students as well as faculty and staff.

March at West Campus: County Drug Awareness Open House gave out Narcan. Talked about drug overdose to 15-20 community members. March 5th, Montgomery County Public Health Department

Wellness Expo, April 6th Central Campus

April 24th, drunk goggle experience

April Drug & Alcohol Awareness Week, SSRT, MindWise

Katina will look to confirm the Coordinator of the Public Health Program for the May meeting

Talk to Gloria about courses that focus on drug and alcohol

Maureen Rose and Jude McKenna regarding courses that include drug and alcohol education

Obtain a list of incidents from Diane, Russ, and Sam from July 1, 2018 that were drug or alcohol related

Create a separate file for drug and alcohol related incidents.

Is there a way that we can dispose of prescription medicines?

Criminal Justice and Public Safety Expo Drug Drop-off

Meeting concluded at 3:44 PM
Drug & Alcohol Biennial Review Report Meeting  
June 18, 2019  
College Hall 146 (Central)—South Hall 130 (West)

Meeting began at 1:10pm

Attendance at Central: Katina Faulk, Tyler Steffy, Joe McGuriman, Diane O’Conner

The group conducted a comprehensive review of the 16-18 recommendations to identify gaps that need to be filled during the 19-20 academic year.

In regard to signage on campus related to drug and alcohol use, it was determined that signage related to these items is a best practice of K-12 institutions, but not Colleges. Therefore, it has been determined that the group will not pursue this action.

A survey was sent to employees in the spring of 2019 regarding the location of the drug and alcohol policy. During the 19-20 academic year, a survey must be developed for students regarding this same information.

Public Safety and Nursing faculty have been trained on Naloxone use. The group stated that since it is currently only stored in Public Safety that they are the only ones that need trained at the moment but are open to training others if requested.

The suggestion was made to Human Resources to host sessions about what to look for with drug usage, etc. The same recommendation was given to reach out to faculty development about this topic, as well as to see if any faculty are conducting any research on or focusing on these areas.

There needs to be better attendance tracking at these trainings for 19-20. Ask Athletics how many attended the ATICSA training. Ask Rose for attendance numbers for her workshops during the 18-19 academic year.

Work with EverFi over the summer to shorten the alcohol education session and make it accessible to students.

The group will reconvene meeting in September and meet monthly through June 2020.

Meeting concluded at 1:57pm
Drug & Alcohol Biennial Review Report Meeting
October 7, 2019
College Hall 147 (Central)—South Hall 130 (West)

Meeting began at: 3:05pm

Attendance at Central: Tyler Steffy, Katina Faulk, Keima Sheriff, David Caristo, Sam Coleman
Attendance at West: Russell Del Rosario

We need to come up with a more efficiency and effective way to collect data from institutional programs.

Send out a monthly shared document to deans and department heads (academic department heads, SSRT, Craig, and Tyler), Susan Masciantonio, Sean Hutchinson

Drunk goggle activity happened in April with SSRT

Law enforcement expo in the spring

Health expo at HSC in September

Veterans' health expo in September

Health fair at the Whitpain Community Festival

At West, Jennifer, offered to do sessions about alcohol and drug prevention/education

Talk to Takisha about social drinking/networking

Use EverFi to facilitate sanctions

Ask ESW instructors to possibly integrate EverFi/drug/alcohol education

David reach out to the County and Whitpain Police

Tyler reach out to Pat to get a report each quarter

Meeting ended at 3:58pm
Drug & Alcohol Biennial Review Report Meeting
November 4, 2019
College Hall 147 (Central)—South Hall 130 (West)

Meeting began at: 3:06pm

Attendance at Central: Tyler Steffy, Katina Faulk, Keima Sheriff, David Caristo

Attendance at West: Russell Del Rosario

- Review the compilation document
- We do cover information in the New Student Kickoff
- Reach out to specific faculty/coordinators for information
- Put an example of what specifically we are looking for in the compilation document
- Make sure that this goes to Athletics
- Make sure to send HR, Student Support Programs, SSRT, POWER Program, etc.

Meeting ended at 3:46pm
Drug & Alcohol Biennial Review Report Meeting
December 2, 2019
College Hall 147 (Central)—South Hall 130 (West)

Meeting began at: 3:12pm

Attendance at Central: Tyler Steffy, Katina Faulk, Diane O’Conner

Attendance at West:
- Discussed vaping sanctions
  o Students are potentially fined but employees are not if found to be in breach of policy
  o Students usually get a warning and then can be given different sanctions
  o Public Safety have the authority to give out fines separate and apart from the Code of Conduct processes

- In the Code of Conduct, unacceptable behaviors such as smoking will be named specifically within the policy.

- As more individuals have medicinal marijuana cards, how do we continue to be supportive of these students?

Meeting ended at 3:38pm
Drug & Alcohol Biennial Review Report Meeting

January 6, 2020

College Hall 147 (Central)—South Hall 130 (West)

Meeting began at: 3:05pm

Attendance at Central: Tyler Steffy, Katina Faulk, Diane O’Conner, Keima Sheriff, David Caristo

Attendance at West: Russel Del Rosario

- Discussed the 2012 sanctions and what we need to ensure that we are in compliance of the Department of Education’s requirements

Meeting ended at 3:38pm
Drug & Alcohol Biennial Review Report Meeting  
February 3, 2020  
College Hall 147 (Central)—South Hall 130 (West)

Meeting began at: 3:12pm

Attendance at Central: Tyler Steffy, Katina Faulk, David Caristo

Attendance at West: Russel Del Rosario

-Dave Sweeley is putting together a list of mandatory reports. David C is checking with David S to see if this report needs to be included on his list.

-Russ did a presentation to his class of 12 students in a Criminal Justice class on Alcohol and Drug Awareness and Prevention on January 22nd.

-David C did a presentation for 25 student athletes on February 3rd on Drug and Alcohol policies.

-Identify if there are potential collaboration opportunities with events throughout the spring semester such as Earth Day, Spring Fling, Grad Fair, etc.

-Committee members to send out February-March compilation documents to areas.

Meeting ended at 3:37pm
Meeting began at: 3:09pm

Attendance at Central: Tyler Steffy, Katina Faulk, David Caristo, Keima Sheriff

Attendance at West: Russel Del Rosario

Committee discussed timeline in getting the report reviewed.

- This included tasks that the committee needs to complete in April in May in an attempt to submit for approval by June.

Lara McQue, the Student Life Intern will be working with Student Life to incorporate alcohol and drug awareness programs within currently planned programs throughout the spring semester.

Committee members discussed obtaining information from functional areas regarding any drug or alcohol awareness or education programs from March 2, 2020 through April 6, 2020.

Meeting ended at 3:35pm
Drug & Alcohol Biennial Review Report Meeting

May 4, 2020

Microsoft Teams Video Conference

Meeting began at: 3:07pm

Attendance: Tyler Steffy, Russell Del Rosario, Sam Coleman, Diane O’Conner, Keima Sheriff, Katina Faulk

The April meeting was cancelled due to the Covid-19 shutdown.

The committee discussed the process for making final updates and getting the document.

- The process will include going over final edits at the June 1st meeting, then sending the document to Dean Henderson to present to Vice President Needles to review. Upon successful review, the document will be presented to President Bastecki-Perez for final review.
- Upon successful review, signatures will be added electronically and then posted on the website.

Meeting ended at 3:37pm
Drug & Alcohol Biennial Review Report Meeting

June 1, 2020

Microsoft Teams Video Conference

Meeting began at: 3:07pm

Attendance: Tyler Steffy, Katina Faulk

Katina and Tyler did a final review of the report for grammatical errors as no new alcohol or drug abuse prevention events were held since the May 4th meeting.

Upon completion of the review, the document will be sent to Dr. Sheriff and Dr. Henderson to begin the final review and approval process by College leadership.

Meeting ended at: 3:57pm
Drug & Alcohol Abuse & Prevention Program Activities

2018-2020

Preventing Sexual Violence on College Campuses

- Provided through Title IX Initiatives once a semester
- Presented by Victim Services Center of Montgomery County and the College’s Student Support & Referral Team
- Program information included facts about sexual assault, PA state laws, the effects of drug and alcohol on sexual violence, steps to take after an assault, bystander intervention, handling disclosures, and safety planning on campus
- Sessions held at both campuses were free of charge and open to students, employees and visitors on campus:
  o Central Campus in Blue Bell – 9/25/2018, 9/26/2018, 10/16/2018, 10/17/2018
  o West Campus in Pottstown – 9/25/2018, 9/26/2018, 10/16/2018, 10/17/2018

Effective Bystander Intervention Workshop

- This workshop focused on the facts about sexual assault, PA state laws, the effects of drug and alcohol on sexual violence, steps to take after an assault and bystander intervention.
  o October 15, 2019

Drug & Alcohol Presentations

- Provided by Russell Del Rosario to four different Strategies for College Success classes in Fall 2018. Approximately 50 students were in attendance.
- Provided by Russell Del Rosario to two different Strategies for College Success classes in Spring 2019.
- Provided by Russell Del Rosario to two different Strategies for College Success classes in Fall 2019. Approximately 15 students were in attendance.

Drop-In to De-Stress

- Hosted by the Office of Student Affairs. These events were open to all students and provided an opportunity for students to share about their thoughts, express their feelings, or just take some time to relax.
  o Central Campus: Tuesdays from September 2018 – May 2019 at 12:30 -1:30 PM
    - Wednesdays from September 2018 – May 2019 at 5:30 – 6:30 PM
  o West Campus: Tuesdays from September 2018 – May 2019 at 12:30 – 1:30 PM
Wellness Check-In

- Hosted by the Office of Student Affairs. These events were open to all students and provided a weekly walk-in opportunity for students to individually speak with academic counselors in the Student Success Centers to discuss health and wellness concerns.
  - Central Campus: Tuesdays from September 2018 – May 2019 at 1:30 – 3:30 PM
  - Wednesdays from September 2018 – May 2019 at 3:30 – 5:30 PM
  - West Campus: Thursdays from September 2018 – May 2019 at 1:30 – 3:30 PM

Student Athlete Orientation

- Athletics staff covered drug and alcohol information with athletes related to the Student Code of Conduct, as well as NJCAA Policies.
  - August 28th and October 17th, 2018
  - January 15th, 2019
  - August 21st, 2019

PennDOT “Operation Safe Holiday”

- PennDOT, MCCC, and public safety-related agency representatives were present to discuss the importance of safe travel over the holiday season. AAA Mid-Atlantic hosted a table with literature and “impaired goggles” to give students a physical understanding of what it’s like driving under the influence.
  - Monday, November 19, 2018 at 12:30pm at Central Campus

EVERFI Online Training

- Sponsored by Human Resources, this is an online course that aligns with the College’s Drug & Alcohol Policy (found here) targeted to our employees. Targeted primarily department heads/supervisors, a group of approximately 20 employees. We are rolling/rolled this program out in stages to our employees, and those who complete the training may receive a certificate of completion for their course.
  - November 18, 2018 email launch, online deployment
  - March 20, 2019 email launch and online deployment
  - Fall 2019, made available at monthly new employee orientation and supervisory effectiveness programs held once per semester.

Pranic Healing Meditation Sessions

- These sessions were led by a student and were open to anyone within the College community to participate.
  - 2018 November 14, 21, 28 at both Central and West campuses
  - 2018 December 5 at both Central and West campuses

Nutrition Counseling

- These sessions could include information on the impact that alcohol and drugs can have on an individual. Sponsored by Human Resources and open to employees of the College
  - 2018 November 26, 28 at both Central and West campuses
Drug & Alcohol Abuse Prevention Policy Survey

- Human Resources launched a survey to assess College employee knowledge of the alcohol and drug policies of the College, as well as where to find resources
  - 1139 respondents
  - 100% responded that they understood the College’s policy
  - 96% responded that they would know where to get assistance if needed
  - 93% found the information to be helpful

Nursing Student Alcohol and Drug Awareness and Education Programs

- **Alcohol Awareness Health Promotion Activity and On-line Assessment**
  - Parkhouse Hall Atrium and College Hall, Lower Level
  - Drunk & Dangerous—educating the Campus about the dangers of Alcohol Abuse, and distributing flyers for the on-line screening tool on alcohol use disorder.
  - April 29, 2019

- **Substance Abuse (Alcohol and Drugs) table**
  - Hosted at the Wellness Expo
  - April 6, 2019

- **Healthy Eating for the Holidays**
  - Included information about overindulging in alcohol and its effect on health
  - November 19, 2018

- **Substance Abuse (Alcohol and Drugs) table**
  - Hosted at the Whitpain Township Community Festival
  - September 29, 2018

- **Responsible Drinking over the Holidays**
  - Part of the Healthy Nutrition for the Holidays Series
  - November 19, 2019

- **Substance Abuse and Hazards of Smoking and Vaping**
  - Hosted a table at the Whitpain Township Community Festival
  - September 28, 2019

- **Group Seminar**
  - Panel for students including professionals from the Recovery Center of Montgomery County.
  - February 7, 2020

**Alcohol Awareness Month**

- Sponsored by the Psychology Club in conjunction with SSRT. Used flyers and word of mouth to promote the Mind Care Kiosks and MindWise online mental health screenings as a tool in April 2019.
Drug & Alcohol Abuse Prevention Policy Survey
- Human Resources deployed a survey in April 2019 to assess the knowledge of resources and services provided by the College to employees.

Blood Drives
- The Penn Foundation shared literature and offered information to participants regarding drug and alcohol awareness issues.
  - September 11, 2019
- Ramesh B. Eluri, M.D., PC. Psychiatry & Psychology Services shared drug and alcohol information with participants.
  - February 18, 2018

Drug Discovery Institute
- Community event held at the College to educate community members, students, and employees about how to identify drug use and types of drugs.
  - November 20, 2019

Carebridge Sessions
- A Carebridge trainer was on campus to present a seminar on Stress Management that Works. This session included information and education on alcohol use and abuse.
  - June 26th, 2019

Wellness Programming
- Sponsored by Human Resources and the Center for Faculty Success to provide educational opportunities for faculty to learn about students facing mental health challenges including alcohol and drug abuse and addiction.
  - November and December 2019

Kensington in Crisis
- Documentary about opioid epidemic in the Kensington neighborhood in Philadelphia.
  - January 18, 2020

Annual Workplace Safety Training
- Training included a section on drug and alcohol abuse prevention.
  - January 2019 & January 2020

Covid-19 Surveys
- Surveys were sent out to Montco students and employees to assess health and well-being.
  - Spring 2020

Talkspace
- Free online mental health therapy was made available for all Montco students.
  - June 2020