DRUG-FREE SCHOOLS AND CAMPUSES REGULATIONS
EDGAR Part 86 (Education Department General Administrative Regulations)

BIENNIAL REVIEW REPORT
2016-2018
(Fall 2016, Spring 2017, Fall 2017, Spring 2018)

INTRODUCTION:

Montgomery County Community College is in compliance with the Drug-Free Schools and Campuses Regulations. This report has been prepared by the Director of Campus Safety, in conjunction with the Executive Director of Human Resources, Director of Student Life, and Dean of Student Affairs, in evidence of that compliance.

OBJECTIVES:

The objectives of this review as outlined in the U.S. Department of Education manual, “Complying with the Drug-Free Schools and Campuses Regulations,” are:

- To determine the effectiveness of the Alcohol/Drug program and implement needed changes
- To ensure disciplinary sanctions for violations of standards of conduct are enforced consistently

EDGAR Part 86, DRUG-FREE SCHOOLS AND CAMPUSES REGULATIONS COMPLIANCE CHECKLIST

1. Does the institution maintain a copy of its drug prevention program? If YES, where is it located? YES

A. Descriptions of the drug prevention program may be obtained in Public Safety at the Central Campus in Blue Bell, West Campus in Pottstown and Culinary Arts Institute, through the Student Support & Referral Team in the Student Success Centers and is available on the College’s webpage under Policies.

B. Montgomery County Community College Alcohol & Drug program emphasis is on education, outreach, support and referral. Workshops, guest speakers, informational materials dealing with health related issues and behavioral risks associated with drugs and alcohol are collaboratively planned by the Student Support & Referral Team in the Student Success Centers, in collaboration with Public Safety and Student Leadership & Involvement.

C. Integration of Alcohol & Drug education is evident across the college in many classes: “Drug & Alcohol Treatment Process - Introduction,” a three credit course offered through
the Human Services Division is a requirement for graduation in both the Addiction Certificate program (36 credits) and Concentration in Addictions AAS degree program (70 credits). It can also be taken as an elective in other programs, including Psychology A.S. Program. Lectures on the effects of alcohol and drugs are also included in many other programs, such as Health Sciences, and courses such as Strategies for College Success. Students in the Health Sciences curriculum share information about a variety of health-related topics, including alcohol and drugs, at health & wellness expos for the college community and the local community at large.

D. In addition to a strong educational component in the drug and alcohol use/abuse prevention program, the Student Success Center and the Student Support & Referral Team provide confidential triage counseling services and referrals to community agencies and treatment programs for students who have alcohol and drug related problems and are in need of assistance. The Judicial Affairs team may solicit the assistance of the Student Support & Referral Team as needed for students with alcohol and drug related issues.

2. Does the institution provide annually to each employee and each student, who is taking one or more classes for any type of academic credit except for continuing education units, written materials that adequately describe and contain the following?

A. Standards of conduct that prohibit unlawful possession, use, or distribution of illicit drugs and alcohol on its property or as a part of its activities.

   Students: YES   Staff/Faculty: YES

B. A description of the health risks associated with the use of illicit drugs and the abuse of alcohol.

   Students: YES   Staff/Faculty: YES

C. A description of applicable legal sanctions under local, state, or federal law.

   Students: YES   Staff/Faculty: YES

D. A description of applicable counseling, treatment, or rehabilitation or re-entry programs

   Students: YES   Staff/Faculty: YES

E. A clear statement of the disciplinary sanctions the institution will impose on students and employees, and a description of those sanctions

   Students: YES   Staff/Faculty: YES
3. Are the above materials distributed to students in one of the following ways?

A. E-mailed:

Yes.
Materials are emailed to students at the beginning of each semester through Enrollment Services along with disclosure and reporting requirements found on the College’s website under Consumer Information. Campus Safety emails notification with links to the Annual Security Report and Drug and Alcohol Abuse Prevention Policy to all students registered as of October 1 of each year.

B. Through campus post office boxes:

No.
The College is a commuter campus and does not provide campus mail boxes.

C. Class Schedules which are mailed to each student:

No.
Students obtain their class schedules online.

D. During new student orientation:

Yes.
Information provided includes: illegal drugs, including alcohol, are prohibited on campus; violations can result in probation, suspension or expulsion; Drug and Alcohol policy is available on College website and on College’s Student Portal under “Get to Know Montco.”

E. In another manner:

Yes.
Information is available on the College’s website under Section: About MCCC – Policies & Procedures – Policy 5.5: Drug and Alcohol Abuse Prevention. It is also available in the Student Handbook, which is distributed annually at the beginning of the Fall and Spring semesters.

4. Does the institution’s distribution provide reasonable assurance that each student receives the materials annually?

Yes.
An email is sent out every semester to all enrolled students notifying them of the College’s various disclosure and reporting requirements. In this email, they are given instructions on
how to view the College’s Drug and Alcohol Abuse Prevention Policy.

5. Does the institution’s distribution plan make provisions for providing these materials to students who enroll at some date after the initial distribution?

Yes.
Student handbooks are made available to students who enroll throughout the year. Email notifications are sent at the beginning of each semester to ensure new students coming for each semester, as well as returning students, receive/have access to the handbooks. The emails are sent based on the third week census data to ensure late enrollees receive the information.

6. Are the above materials distributed to staff and faculty in one of the following ways?

A. E-mailed
   Staff: YES   Faculty: YES

B. Through campus office mail boxes
   Staff: NO   Faculty: NO

C. During new employee orientation
   Staff: YES   Faculty: YES

7. Does the means of distribution provide reasonable assurance that each staff and faculty member receives the materials annually?
   Staff: YES   Faculty: YES

All employees receive the materials electronically after the first of the year annually. Employees must “accept” the materials before being allowed to continue to the Faculty/Staff Portal.

8. Does the institution’s distribution plan make provisions for providing these materials to staff and faculty who are hired after the initial distribution?
   Staff: YES   Faculty: YES

New employees receive materials as part of their Onboarding Process and New Employee Orientation.

9. In what ways does the institution conduct biennial reviews of its drug prevention program to determine effectiveness, implement necessary changes, and insure that disciplinary sanctions are enforced?

A. Conduct alcohol and drug use survey.
B. Conduct opinion survey of its students, staff, and faculty
   Students: NO     Staff/Faculty: YES

   In 2016, New Employee Online Orientation, facilitated by Human Resources, began including survey questions for new employees regarding their understanding of the College’s Drug and Alcohol Abuse Prevention Policy. These questions were also reviewed during the in-person orientation.

   In addition, the College’s Employee Assistance Program provider, Carebridge Inc., provides Human Resources with Confidential (e.g. no identifying information) Utilization Reports throughout the year which indicate usage trends by employees and/or dependents related to issues such as Addiction, Personal/Emotional, Work-Related, General Information and Legal Advice.

C. Evaluate comments obtained from a suggestion box.
   Students: NO     Staff/Faculty: NO

D. Conduct focus groups Students: NO
   Students: NO     Staff/Faculty: NO

E. Conduct intercept interviews.
   Students: NO     Staff/Faculty: NO

Comment: In the Fall of 2016, the College, in collaboration with Screening for Mental Health, Inc., began full participation in the MindKare Kiosk Initiative. Kiosks are located at both the Central Campus in Blue Bell as well as the West Campus in Pottstown, all students and employees may access the survey from his or her personal computer.

   The MindKare Kiosks are designed for public spaces and serve as thought provokers, conversation starters, and most importantly, signs of hope for those living with a mental health condition.

   With MindKare kiosk individuals are provided with information on their mental health and help to reduce stigma by checking in on one’s mental health as easy and commonplace as checking their blood pressure.

   The freestanding kiosk uses an interactive touch screen display providing users with a seamless experience as they navigate through the innovative online screening platform. The platform offers a quick, anonymous screening assessment for treatable conditions like depression, anxiety, substance (drugs, alcohol and tobacco), educational information about common mental
health conditions, and access to treatment resources in their area.

Monthly reports with screening totals for Depression, Bipolar, Anxiety, PTSD, Psychosis, Alcohol, Eating Disorders, Adolescent Depression and Resiliency are provided by Screening for Mental Health, Inc., to the College’s Student Success Center and Student Support Referral Team for use in planning future programs, etc.

F. Assess effectiveness of documented mandatory drug treatment referrals for students and employees.

Employees:
There are no mandatory drug treatment referrals for employees during the period under review.

Students:
There are no mandatory drug treatment referrals for students during the period under review. Students have been confidentially referred to community resources on a voluntary basis, therefore data on effectiveness is not available.

G. Assess effectiveness of documented cases of disciplinary sanctions imposed on students and employees.

Employees:

i. An employee was found to have alcohol on campus during graduation. A discipline hearing was held. Discipline was delivered as well as mandated counseling with Carebridge.

ii. No other employee situations occurred involving drug or alcohol use/abuse during the period under review.

Students:

i. One student was caught drinking on campus. Student was given probation, mandated to speak with an Academic Advisor, who is also a licensed counselor, and referred to County resources on Alcoholism support and treatment.

ii. Two students attending a conference, on behalf of the College, were found with Alcohol in their hotel room. Another person was drunk and passed out. The two students were given probation, mandated to speak with an Academic Advisor, who is also a licensed counselor.

iii. One student arrived to class drunk. The student was asked to leave class. The student was given probation, mandated to speak with an Academic Advisor, who is also a licensed counselor, and referred to County resources for Alcoholism.
iv. One student who is a student at Montgomery County Community College, but was provided housing at Gwynedd Mercy University, was caught smoking marijuana on the GMU campus. On a separate occasion he was found again smoking marijuana on the GMU campus. He was given conduct probation, mandated to speak with a licensed counselor at GMU, and referred to County resources on drug addiction by MCCC. He also was mandated by GMU to do 50 hours of community service. He appealed the second incident, this was not approved and he has lost his housing at GMU.

10. **Who is responsible for conducting these biennial reviews?**

Members of the College Administration including the Director of Campus Safety, Director of Student Life, Dean of Student Affairs, and the Executive Director of Human Resources are responsible for conducting the biennial review. All policies pertaining to alcohol & drugs use/abuse, disciplinary action, campus safety issues are reviewed through the Department of Campus Safety. Representatives from other areas of the College, such as Student Affairs, Enrollment Services, Student Leadership & Involvement and Human Resources, are involved as collaborative resources throughout the year. When reviewing and updating policies, these are also sent to the College’s All-College Student Life Committee as part of the College’s governance system. The Student Life Committee includes representation from faculty, support staff, administrators, and the College’s Student Government Association.

11. **If requested, has the institution made available, to the Secretary and the public, a copy of each requested item in the drug prevention program and the results of the biennial review?**

Yes.

If requested, Montgomery County Community College would make available to the Secretary and the public a copy of each requested item in the drug prevention program and the results of the biennial review.

12. **Where is the biennial review documentation located?**

The report is located in the Student Success Centers, Human Resources and Public Safety Offices at Central and West campuses as a printed document and is also available as an electronic file. It is available on the College’s Public Safety webpage located at: [http://www.mc3.edu/campus-life/safety](http://www.mc3.edu/campus-life/safety)

Preparation of the 2016-18 Biennial Review Report included several interactive campus meetings (refer to pages 10 – 18) with key representatives from Student Affairs, Human Resources, and Public Safety. Meetings were held as follows:

A. 1/30/2017
B. 3/23/2017
This biennial report was prepared as a result of the collaborative efforts those involved with these meetings as well as outreach to other appropriate parties at the College.

13. Comments:
A. Montgomery County Community College is a commuter school with multiple campuses and no residence halls. The College policy of no alcohol and/or illicit drugs on its campuses, College property, or College sponsored events is long standing. (Alcoholic beverages shall not be bought, consumed, or sold at the College except as authorized by the Board of Trustees).
B. Refer to pages 19 – 25 for list of educational programs/events held during 2016-18 related to and/or included information regarding drug and alcohol use/abuse, health risks, prevention strategies and resources available to assist students and employees.

14. Recommendations:
A. During various meetings held to review the College’s Drug and Alcohol Abuse Prevention Policy, as well as in the actual preparation of the report, the following recommendations were identified and actions were taken to begin implementation:
   i. Those responsible for reviewing College’s Drug and Alcohol Abuse Prevention Policy to meet periodically throughout the year to determine effectiveness of Policy and initiatives taken to meet requirements
   ii. Conduct student and employee surveys regarding their understanding of the College’s Drug and Alcohol Abuse Prevention Policy
   iii. Coordinate ongoing educational programs for students and employees to support awareness of drug and alcohol use/abuse and prevention strategies, as well as resources available to assist those dealing with issues related to drug and alcohol use/abuse
   iv. Utilize tools such as the College’s Employee Assistance Program provider, Carebridge Inc., to identify trends related to employee drug and alcohol use/abuse, as well as personal issues that may lead to such use/abuse, as well as identify educational programs to assist employees
   v. Identify attendance at educational programs as well as what worked or did not work to support attendance
   vi. Support development of supervisory personnel – was implemented in the Fall 2016 called Supervisory Effectiveness Program (SEP). SEP is designed to give staff professional training in the key areas of leadership competencies, policies and procedures, and people skills. In this series of courses new supervisors learn a basic set of supervisory skills and tools. For the experienced supervisor, the program expands skills enabling the veteran supervisor to improve existing skills and
acquire new ones demanded by an increasingly diverse workforce and changing workplace.

vii. In Spring 2019, IT will include a survey attached to the alcohol and drug policy on employees' portal that will require each individual to complete the survey before accepting the policy.

viii. In Fall 2018, MCCC will be launching training software to provide education on health, safety, drug, and alcohol.

ix. Provide Naloxone training for key staff members that are outside of Public Safety.

x. Add signage in the parking lots and around campus stating that the College is a drug and alcohol free zone.

xi. Establish an electronic suggestion box for student feedback and have SGA facilitate student focus groups.

xii. Incorporate awareness ads into the student handbook and planner.

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Report Prepared on July 20, 2018 by:

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This report reviewed and accepted by:

Signature: [Signature] Date: 10-8-18

Dr. Kevin Pollock, President
Montgomery County Community College
Meeting began at 11:00 am

In attendance at Central Campus was Melissa Struchen, Nicole Henderson, Jessica Burns, Jenna Klaus, Joe McGrurman, Corissa Reilly

In attendance at West Campus was Sam Coleman, Russell Del Rosario

Next review cycle overview: Fall 2016, Spring 2017, Fall 2017, & Spring 2018

Ongoing data collection for D&A programming

Departments or areas that may be conducting D&A programming include Human Resources, Student Leadership, Public Safety, Athletics, Academics, specifically Health Sciences (Nursing, public health) Outreach to Deans, Enrollment Services. Nicole does not recall if there is a piece on D&A in Online Orientation. Joe mentioned Campus clarity, but a low percentage of students complete it. Partner Programs was brought up, and Sam mentioned that it had been done in the past with Upward Bound. In Fall 2015 county came to discuss adverse affects

Melissa presented the idea of creating follow-up form for all D&A related programs. Questions to include are date/frequency of the program, number of students or employees that participated, description of event/program/workshop/assignment, method of distribution of material (in person, e-mail, written policy, phone), and was it required/mandatory? This should be completed after any D&A program

Additional points of consideration that were mentioned were: Where will it live? We would work with Terri Amlong about making it accessible and known to faculty. The idea of creating a shared site/portal page with resources, programming ideas, checklist for faculty and administrators with reminders about steps to take if doing D&A program, the follow-up form, an assessment template, the 14-16 Report, link to SSRT and county resources was discussed. This page would be bookmarked on OrgSync.

14-16 Biennial Report

The deadline of posting the previous report is March. The Report is posted online under Campus Life, Public Safety. It needs to be confirmed that this has been submitted to DOE.
Sam pointed out that the previous report mentions an incident with 2 Upward Bound students, however, it seems that they were actually part of Gateway to College. This must be corrected. We will follow up to find out if this needs to be re-submitted to the Board of Trustees.

Review of completed & upcoming projects

Student Leadership and Involvement will be coordinating a Self-Care D&A presentation at CAI on March 21st and hosting "Dynamic Influence" - a magician who discussing D&A - at Central & West Campuses. To provide resources to virtual students, we demoed a Virtual Bar and Interactive Body, which are free educational tools that we can offer/link to on the new portal page.

We will touch base with Kristin & Eileen and Mike & Denise about any upcoming programming

Strengthening 16-18 Report

Nicole asked us to consider if we are meeting the minimum requirements. We mentioned the email that Tracey Richards sends out, as well as that the policy is outlined in the student handbook. We discussed that we can improve the revision process, and ensure that any office that is mentioned in the report is included.

We need to improve our assessments of employees & students. For the previous report, 10 questions were added to the SGA survey, we received Carebridge reports for employees and Mental Health Kiosks reports. For this report, we will target cohort groups for students and work with Adriene Hobday to gain information from employees, as well as ensure there is assessment after any D&A program.

Follow Up Items

Invite IT to next meeting to discuss creating a Portal Page

Revise and possibly resubmit to BOT update 14-16 with replacement of "Upward Bound" with "Gateway to College"

Confirm that the 14-16 Report has been submitted

Look into TIPs training availability

Explore options to add D&A piece to online orientation

Meeting ended at 11:56 am
Meeting began at: 11:01am

Attendance at Central: Nicole Henderson, Joe McGuriman, Diane O'Connor, Melissa Struchan, Corissa Reilly, Joe Mancini

Attendance at West: Russell DelRosario, Sam Coleman

Online resources:

Reviewed idea of creating a portal for Drug and Alcohol programming. Group discussed the need for outreach to capture and do follow-up for drug and alcohol programming. Pat Drewicz and word of mouth would help to be aware of events, and outreach/communication with Academic Affairs (Lianne Hartman and Deans) in beginning and toward end of semester for class programming.

A portal page would still be valuable for resources, and to house the form. Committee members will collect information from program planners, and still use form to organize information. Portal page would include archive of reports, county resources, evaluation form, upcoming events, and suggestions/tips for programming.

Group confirmed that the following information should be included on the form:

1. Date/frequency of the program
2. Number of students or employees that participated
3. Description of event/program/workshop/assignment
4. Method of distribution of material (in person, e-mail, written policy, phone)
5. Was it required/mandatory?

Sam confirmed that the D&A policy us included in some way on Online Orientation.

Group agreed that students and staff should be required to acknowledge the policy through a periodic pop-up on their MC3 Portal.
TIPS training

Reviewed TIPS training. Student training is about 2-2.5 hours, trainer training is "all-day." Cost of University training-the-trainer is $255; cost of Commercial and University training is $455. Options for training-the-trainer are

* Host a training, inviting other Colleges. $50 discount for 1 participant

* Attend a University training – scarcely offered

* Attend a University/Commercial Training

* Bring a trainer in for students – not have an on-campus trainer

Group agreed that having someone on-campus who can facilitate the training would be best. Melissa & Corissa will reach out to departments to find out if anyone already has TIPS certification. We will also gauge interest among CAI, Nursing, Human Service, ESW and other program in having their students complete such a training.

Events

* Dynamic Influence 3/28

* Stress Management/ D&A Presentation @ CAI – 4/27 (will be videotaped and posted online)

14-16 Report

Joe updated the 14-16 Report to reflect that the incident was involving Gateway to College students, not Upward Bound, and it is updated online as well. Diane confirmed that this does not need to go to the Board of Trustees again, and that the report was not sent to DOE and does not have to be.

Meeting ended at 11:46am
Drug & Alcohol Biennial Review Report Meeting

February 28, 2018
College Hall 243 (Central)—South Hall 132 (West)

Meeting began at: 3:15 pm

Attendance at Central: Joe McGuriman, Diane O'Connor, Sam Coleman, Joe Mancini

Attendance at West: Russell Del Rosario

Diane will send information regarding staff and faculty training (Rose and Adrienne)
Check with Rose to see if drug and alcohol education is a part of her student programs
The Biennial Report must be published on the website
The Biennial Report is tied to Financial Aid
The Drug and Alcohol policy should be driven to students
The online orientation just refers to the Student Handbook
In the new orientation format, we need to make every effort to educate students
During the welcome back day do some education for drug and alcohol
Does the Wellness Expo cover alcohol and drug programs
See if Joe can go speak at a SCS course
We can add Everfi to the report that we purchased the software
Bring in a Care Bridge to do a session for employees
Reach out to Pam about drunk goggles.
Health Survey, sent out in Spring 2015, healthy mind survey results were posted in June 2016
See what kind of partnerships with YMCA we have
Russ: may have had opioid survivors. Patrick from the art gallery
Contact Darryl Williams SCS courses to see if Joe and Russ can get 15 minutes to discuss drug
and alcohol education.
Russ, reach out to Jessica about potential presentations
Holly Harris runs the POWER program, Lisa Barbario is the head of the program
KEYS, Gateway to College, ACT 101
Invite Keima Sherif to be a part of the committee
Meeting ended at 4:04 pm
Drug & Alcohol Biennial Review Report Meeting
March 28, 2018
College Hall 243 (Central)—South Hall 132 (West)

Meeting began at: 3:04 pm

In attendance at Central Campus: Joseph McGuriman, Diane O’Connor, Tyler Steffy, Sam Coleman

In attendance at West Campus: Russel Del Rosario

Minutes

The committee began reviewing the content from the 2014-2016 Biennial Report.

Confirm with Joe and Russ that Public Safety still maintains a copy of the drug and alcohol prevention program at each of the campuses.

Confirm with Sam that descriptions of the drug prevention program may be obtained through the Student Support & Referral Team in the Student Success Centers.

Investigate whether the Police Academy and the Nursing Program have courses related drug and alcohol education embedded within the program.

The Student Handbook is the only written form that all students have access to that houses the drug and alcohol prevention program.

Reach out to Mike Brown about drug and alcohol programs for Veterans

KEYS, ACT 101, and Gateway to College (Wednesday at Downtime is the best to do programs)

Identify symposiums held on campus that are based in drug and alcohol education.

Use lunch vouchers as incentives for attendance at programs

Check with Stefanie Crouse: send verbiage to her today for new student experience video for drug and alcohol education/policies on campus

Meeting ended at 4:01
Drug & Alcohol Biennial Review Report Meeting
April 25, 2018
College Hall 243 (Central)—South Hall 132 (West)

Meeting began at: 3:07 pm

In attendance at Central Campus: Joe McGuriman, Keima Sheriff, Diane O’Connor, Sam Coleman

In attendance at West Campus: Russell Del Rosario

- Contact Enrollment Services to find out if they still send out the email to students notifying them of the College’s various disclosure and reporting requirements. Also ask them about Know the Code.
- Determine if there are any other print versions of the drug and alcohol prevention policy other than the Student Handbook.
- There has not been a student survey regarding drug and alcohol education conducted since 2015.
- Contact Kristin Fulmer in regards to the Mind Care Kiosk to see if there are any new additions to the kiosk.
- Diane is checking on the status of mandatory drug treatment referrals for employees.
- Sam and Diane will be providing updated information for documented cases of disciplinary sanctions imposed on students and employees.

Meeting ended at 3:58 pm
Drug & Alcohol Biennial Review Report Meeting  
May 23, 2018  
College Hall 243 (Central) – South Hall 132 (West)

Meeting began at: 3:09 pm

In attendance at Central Campus: Joe McGuriman, Keima Sheriff, Diane O’Connor, Sam Coleman

In attendance at West Campus: Russell Del Rosario

- Make sure to include employee training that was run by Rose
- At the new student orientation in the fall 2016, Public Safety presented on drug and alcohol policy and usage on campus. Public Safety also presented on the drug and alcohol policy to Gateway to College in the fall of 2016 and 2017.
- Check with Diane to get the information on mental first aid in 2016 and 2017 as well as the meditation seminars
- Make sure to include the nutrition counseling for employees
- Confirm with Pam about events that occurred during the 2016-2017 academic year
- Confirm with Student Affairs about events that occurred in the 2016-2017 academic year.
- In the fall of 2017, the college implemented a naloxone program on campus
- Confirm with Kristin if the college still conducts the stress assessment/health awareness outside of the cafeteria for students.

Meeting ended at 3:47 pm
Meeting began at: 9:07am

In attendance at Central Campus: Nicole Henderson, Keima Sheriff, Tyler Steffy

- The members in attendance reviewed the edits of the report and made some grammatical corrections.
- Keima contacted Natasha Patterson to confirm the details of the Administrator Day programs as well as the opioid symposium.
- Tyler will reach out to Stefanie Crouse in regards to the Advisor retreat.
- Tyler will follow up with Kristin to confirm the status of the stress assessment and health awareness program.
- Tyler will contact Holly and Craig in regards to the Lunch and Learn schedules.
- Tyler will contact Diane O’Conner to confirm HR information from 2016-2017.

Meeting adjourned at 9:58am
Drug & Alcohol Abuse & Prevention Program Activities
2016-2018

Restructuring Norms: Healthy Relationships Lunch & Learn Workshops

- Provided through Title IX Initiatives in the Fall Semester
- Presented by Victim Services Center of Montgomery County and the College’s Student Support & Referral Team
- Program information included identifying unhealthy behaviors in relationships, such as drug and alcohol use/abuse, the negative impact that drugs and alcohol can have on relationships, and resources to get help
- Sessions held at both campuses were free of charge and open to students, employees and visitors on campus:
  - Central Campus in Blue Bell – 10/11/2016, 10/10/2017, 4/3/2018
  - West Campus in Pottstown – 10/12/2016, 10/11/2017, 4/4/2018

Restructuring Norms: Preventing Sexual Violence on College Campuses

- Provided through Title IX Initiatives once a semester
- Presented by Victim Services Center of Montgomery County and the College’s Student Support & Referral Team
- Program information included facts about sexual assault, PA state laws, the effects of drug and alcohol on sexual violence, steps to take after an assault, bystander intervention, handling disclosures, and safety planning on campus
- Sessions held at both campuses were free of charge and open to students, employees and visitors on campus:
  - Central Campus in Blue Bell – 9/20/2016; 3/7/2017, 9/19/2017, 3/6/2018

Bystander Intervention Training

- Provided through Title IX Initiatives in the Spring semester
- Presented by Victim Services Center of Montgomery County and the College’s Student Support & Referral Team
- Program included effects of drug & alcohol on decision making, judgement, and reasoning; warning signs of someone who is intoxicated; ways others can help an impaired person by removing them from a potentially dangerous situation
- Sessions held at both campuses were free of charge and open to students, employees and visitors on campus:
Central Campus in Blue Bell – 4/4/2017
West Campus in Pottstown – 4/5/2017

Responsible Employee Training

- Provided through Title IX Initiatives twice per semester.
- Presented by Victim Services Center of Montgomery County and the Student Support and Referral Team. These workshops will focus on the facts about sexual assault, Pennsylvania state laws, the effects of drug and alcohol on sexual violence, steps to take after an assault, bystander intervention, handling disclosures, and safety planning on campus.
- Sessions held at both campuses were free of charge and open to students, employees and visitors on campus:

Student Athlete Orientation

- Coordinated by Director of Athletics and Campus Recreation
- All student athletes are required to attend an orientation session in the Fall & Spring semesters.
- Sessions were held as follows:
  - September 2016
  - January 2017
- Items reviewed during this session include:
  - Montgomery County Community College student athlete policy (highlighted below) regarding drug and alcohol use:
    *The use of alcohol and drugs by players and coaches representing Montgomery County Community College is forbidden. Substances banned for use by student-athletes competing in any college-sponsored sports are those found on the NCAA list of banned drug classes. No substance belonging to the prohibited class may be used, regardless of whether it is specifically listed as an example by the NCAA.*
  - NJCAA drug policy
  - Health risks associated with drug and alcohol use and abuse, as well as prevention strategies
  - Legal issues associated with drug and alcohol use and abuse
  - College’s Student Support & Referral Team Referral as well as College and community resources available to students

Alternative Spring Break 2017

- Coordinated through Student Leadership and Involvement
Week of March 13 – 17, 2017 - students, faculty, and staff participated in an Alternative Spring Break project focusing on food insecurity. As a part of their experience the group worked with multiple local non-profit organizations including Pottstown Cluster for Religious Communities, Manna on Main Street, and Philabundance. The week's activities also included work within the College's Stock Up for Success program.

Alternative Spring Break 2018

- Coordinated through the Honors Club
- Week of March 12 – 16, 2018 – students and staff chaperone dedicated a portion of their Spring Break to others by volunteering at the Habitat for Humanity Restore, located in Horsham, PA

MindKare Behavioral Health Kiosk Initiative

- Coordinated through the College’s student Success Centers and Student Support & Referral Team
- A collaborative endeavor with Screening for Mental Health, Inc. to support mental health awareness and suicide prevention in our community
- Website: https://mentalhealthscreening.org
- The MindKare Kiosks are designed for public spaces and serve as thought provokers, conversations starters, and most importantly, signs of hope for those living with a mental health condition.
- The behavioral health kiosk allows users to assess their mental health or substance abuse (drugs, alcohol, tobacco) in a matter of minutes, letting them know if their symptoms are consistent with a mental health disorder or substance abuse and connecting them with local resources. This one-stop behavioral health shop provides users with the information they need to take the next step toward getting treatment.
- In March 2016, the College began participation in the MindKare Kiosk Initiative with full rollout to students and employees to occur during Fall 2016. While the Kiosk is located at Central Campus in Blue Bell, all students and employees may access the survey from his or her personal computer.
- Monthly usage reports are provided by Screening for Mental Health, Inc. to assist the College with planning educational programs on various mental health issues.

Programs, Events and Presentations listed below included a variety of information related to Drug & Alcohol Awareness, Prevention, and Resources to Assist Students & Employees:

Fall 2016

- At the new student orientation, Public Safety presented on the drug and alcohol policy and usage on campus. Public safety also presented this information to the Gateway to College program.
Coordinated through Human Resources (programs free & open to employees & students)
- Mental Health First Aid Training
  - Central Campus – 12/7/2014 – attended by 22 employees
- Lunch & Learn Program:
  - Central Campus
    - Kicking the Cravings--11/29/2016 22 attendees
  - West Campus
    - Healthy Relationships--10/12/2016 6 attendees
    - Kick the Cravings--11/17/2016 8 attendees

Coordinated by Nursing Lab Manager
- Community Festival Drug and Alcohol Awareness Health Promotion Program at Central Campus – 9/24/2016
- Substance Abuse Health Promotion with focus on Drugs, Alcohol & Tobacco
  - 11/29/2016 (Central Campus & West Campus)

Take Back The Night
- 11/4/2016 Central Campus

Spring 2017
- Coordinated through Human Resources (programs free & open to employees & students)
  by Nursing Lab Manager
  - Lunch & Learn Program
  - Pranic Healing Meditation Sessions
    - Central and West Campuses, Wednesdays from 1/1/2017 - 6/28/2018
  - Employee Nutrition Program
  - Administrators Day: 6/13/2017 Central Campus
    - "Opioid Crisis Awareness Workshop"
    - Mindful Meditation
- Coordinated by Nursing Lab Manager
  - 17th Annual Wellness Expo at Central Campus – 4/8/2017
  - Drug and Alcohol Awareness Program
    - 4/26/2017 (Central Campus & West Campus)

Opioids in your backyard: Montgomery County: Free event open to the Montgomery County community and the College.
- 4/6/2017 (hosted at Arcadia and facilitated by Natasha Patterson from MCCC)

Sober Thoughts: Substance Awareness Edutainment Show
- 3/28/2017 West Campus and Central Campus

Take Back The Night
- 4/17/2017 Central Campus

Fall 2017
- Public Safety presented information on the drug and alcohol policy to the Gateway to College program.
The College implemented a naloxone program on campus.

- Coordinated through Human Resources (programs free & open to employees & students)
  - Lunch & Learn Program: Half Hour to Health
    - Central Campus – 9/19/2017
  - Meditation on Twin Hearts
    - West and Central – 10 weekly sessions on Tuesdays
    - Non-drug or alcohol alternative to relieving stress, adapting to change, creating harmony for one’s self & others
  - Nutrition Counseling

- Coordinated by Nursing Lab Manager
  - Community Festival Drug and Alcohol Awareness Health Promotion Program
    - Central Campus – 9/23/2017
  - Responsible Eating and Drinking for the Holidays
    - 11/20/2017 (Central Campus & West Campus)

- Coordinated through the College’s Art Gallery
  - Breaking the Cycle: Perspectives on Dealing with Incarceration and Addiction
    - 10/4/2017

**Spring 2018**

- Coordinated through Human Resources (programs free & open to employees & students)
  - Lunch & Learn Program: "Sugar Talk"
    - West Campus – 4/2/2018
  - Lunch & Learn Program: "Healthy Eating for Busy People"
    - Central Campus – 4/12/2018
  - Meditation on Twin Hearts
    - West and Central – 10 weekly sessions on Tuesdays
    - Non-drug or alcohol alternative to relieving stress, adapting to change, creating harmony for one’s self & others
  - Nutrition Counseling
  - Administrators Day: "How to Eliminate Inflammation in the Body"
    - Central Campus – 5/31/2018

- Coordinated by Nursing Lab Manager
- 18th Annual Wellness Expo
  - Central Campus – 4/7/2018
- Alcohol Awareness Program in conjunction with 50 Days Until Commencement Programming
  - 3/28/2018 (Central Campus)

**Effective Leadership in the Opiate Emergency: The Montgomery County Integrated Health Approach**
- 4/6/2018 (Central Campus)

**Drug and Alcohol Abuse and Education (Upward Bound): Presented by Viviane Schorle, Community Engagement Director at Family Services at Montgomery County**
- 4/26/2018