

## **Midterm Reflection... How am I REALLY doing??**

If you are doing well at midterm, great...keep doing what you are doing, as it seems to be working!!

If you are struggling at midterm, take a few minutes to think about what strategies you are employing to be successful! **Are you...**

### **Getting Ready for Class – are you prepared?**

1. Look on the syllabus to see if you have any readings or homework to do prior to class...and do them!
2. If applicable, preview (just quickly scan) any notes your Professor has posted for the new lecture...this will help you get ready for the day's lecture.

### **In Class – are you engaged?**

1. Sit up front.
2. Power down!! Turn off laptop and cell phone to stay focused in class.
3. Take good hand written notes...or use a classmates, if it is more beneficial for you to listen attentively in lecture.
4. If you can't keep up with your Professor while taking hand written notes, ask if you can record the lecture. During class, make note of any time/place in your notes where you may need to go into the recorded lecture to re-listen to what you may have missed!
5. Ask questions about concepts you don't understand.
6. Answer questions that the Professor poses to stay involved in lecture.

### **After Class – are you learning the material well?**

1. Re-organize your notes after class (within a day or two of class) by going through hand written notes and text material, if applicable. Organize your notes the way your brain likes to see information...outlines, charts, concept maps, drawings/diagrams, etc... This is the study aid that you will go back and review for the test!!
2. Create flash cards for any concepts that need to be memorized (either online or hand written).
3. Make a list of any concepts that are confusing and clarify those concepts by:
  - a. Meeting with the Professor
  - b. Reading about them in the textbook
  - c. **Asking a tutor** or classmate
  - d. Using a web based learning tool like khanacademy.org, <https://www.youtube.com/user/crashcourse> or itunesU

### **Before the test – do you know the material?**

1. Find out what is covered on the exam and how the exam is formatted (essay, short answer, multiple choice, etc...).
2. Map out a study schedule in advance to make sure you dedicate enough time to studying.
3. Review your study guides and flashcards in small segments (one unit or chapter at a time).
4. Assess your knowledge by:
  - a. Asking yourself what you recall from your notes and text readings...or even writing them out on blank paper or a white board
  - b. Taking a practice test
  - c. Doing questions or case studies from the textbook or other online resources
  - d. Attending a study group

### **After the exam – do you know what worked or where you went wrong?**

1. Carefully review your exam to see what types of questions you got correct and incorrect to determine if there was a pattern with your test taking (a concept you got wrong or a type of question...i.e. essay question vs. multiple choice).
2. Meet with your Professor to review any unclear concepts on the exam!
3. Adapt any study strategies, if necessary.