

Montgomery County Community College
BICEC 1155
Massage Therapy Supplemental Training – 100 Hours
0-65-35

Course Description:

This course is designed as a supplemental course for students who have completed at least 500 hours of massage therapy training in prescribed courses by the PA Department of Massage Therapy and are in need of 100 additional hours in prescribed courses to obtain licensure.

Requisites:

Previous Course Requirements

A minimum of 500 hours of massage therapy training as prescribed by the PA Department of Massage Therapy.

Previous or Concurrent Course Requirements

A minimum of 500 hours of massage therapy training as prescribed by the PA Department of Massage Therapy.

Course Comment(s)

None

Learning Outcomes Upon successful completion of this course, the student will be able to:	Learning Activities	Evaluation Methods
1. Identify the systems of the body and define conditions of disease in each of the body systems. Recall the form and function of each of the organs within the different systems of the body .Define medical and scientific terms; dissecting the word in to most basic components. Express views and base them on scientific principles. Be able to identify the origins, insertions, actions ad innervations of the	Student will learn through multimedia/PowerPoint presentations of material, hands-on palpation of muscular and skeletal system, paired practice identifying muscles, bony landmarks, creating muscles in clay.	Presentations Discussions Written examinations Lab experiments

Learning Outcomes Upon successful completion of this course, the student will be able to:	Learning Activities	Evaluation Methods
<p>major muscles of the human body.</p> <p>Identify the locations by palpation of all of the major muscles of the human body</p>		
<p>2. Students will enhance their massage therapy skills by learning advanced massage techniques – deeper tissue techniques, advanced massage therapy techniques, corrective muscle therapy techniques, trigger point therapy, spa techniques, utilizing proper body mechanics and form, client interview and charting skills. A comprehensive study of small business and ethics for massage therapists.</p>	<p>Student will learn through multimedia/PowerPoint presentations of material, paired practice of massage therapy techniques, mock interviews with clients, sample charting</p>	<p>Presentations Discussions Written examinations Lab – paired hands on practice</p>
<p>3. Students will be certified in Adult CPR/AED by the American Red Cross. Students will also be able to identify indications and contraindications of working with HIV+ clients (HIV Awareness)</p>	<p>Student will learn through multimedia/PowerPoint presentations of material. Lab practice of CPR and AED skills</p>	<p>Presentations Discussions Written examinations Lab – CPR/AED skills</p>

At the conclusion of each semester/session, assessment of the learning outcomes will be completed by course faculty using the listed evaluation method(s). Aggregated results will be submitted to the Associate Vice President of Academic Affairs. The benchmark for each learning outcome is that *70% of students will meet or exceed outcome criteria.*

Sequence of Topics:

1. Course Introduction
2. Anatomy/Physiology/Pathology and Kinesiology concurrent with other courses
3. Review of massage therapy fundamentals
4. Small business and ethics
5. Advanced massage therapy techniques
6. CPR/AED training

Learning Materials:

Massage Therapy Principles and Practice, 5th Edition, Elsevier, April 27, 2015
Susan Salvo

Other learning materials may be required and made available directly to the student and/or via the College's Libraries and/or course management system.

Course Approval:

Prepared by: William J. Mullen, LMT
Manager, Massage Therapy Program

Date: 12/17/18

Dr. David DiMattio, Executive Vice President, Workforce Development & West Campus
Compliance Verification: Date:

Revised by: Date:
Jim Fox, Executive Director, Workforce Development
Compliance Verification: Date:

This course is consistent with Montgomery County Community College's mission. It was developed, approved and will be delivered in full compliance with the policies and procedures established by the College.