# Montgomery County Community College CUL 160 Baking & Pastry for Culinarians 3-1-4

### COURSE DESCRIPTION:

This course covers the fundamentals of baking and pastry arts, which include terminology, technology, equipment, measurement, and formula conversions. Different classical mixing methods along with standard recipe adherence principles, bakery sanitation, and product storage is discussed. Topics covered include the identification, production, and evaluation of quick breads, cookies, pies, pate a choux, yeast bread, cakes, and plated desserts. Sanitary practices and compliance with laws and ordinances of the Department of Health are enforced. Students are required to have a professional chef's uniform to participate in class according to departmental uniform policies. This course is subject to a course fee. Refer to <a href="http://mc3.edu/admfin-aid/paying/tuition/course-fees">http://mc3.edu/admfin-aid/paying/tuition/course-fees</a> for current rates.

### **REQUISITES:**

Previous Course Requirements:
CUL 250 European Cuisines with a grade of C or higher

# Concurrent Course Requirements: None

LEARNING OUTCOMES Upon successful completion of this course, the student will be able to:	LEARNING ACTIVITIES	EVALUATION METHODS
<ol> <li>Discuss proper safety and sanitation practices.</li> <li>Discuss correct weight and</li> </ol>	Lecture Lab	Written assignments Written Exam Practical Exam Written assignments
volume measurement.	Lecture Lab	Written Exam Practical Exam
<ol> <li>Perform work in a logical, efficient, and organized manner while exhibiting teamwork.</li> </ol>	Written assignments Lecture Lab	Written assignments Written Exam Practical Exam

Discuss various ingredient functions.	Written assignments Lecture Lab	Written assignments Written Exam Practical Exam
5. Apply the principles of baking & pastry in a commercial kitchen including the identification, use, and cleaning of baking & pastry equipment and commonly used terminology.	Written assignments Lecture Lab	Written assignments Written Exam Practical Exam
<ol> <li>Discuss how to read and interpret baking formulas, apply baker's percentages, weights, and measurements.</li> </ol>	Written assignments Lecture Lab	Written assignments Written Exam Practical Exam
7. Demonstrate the proper production, usage, and storage of quick breads, cookies, pies, pate a choux, yeast breads, cakes, and plated desserts.	Lab	Practical Exam

At the conclusion of each semester/session, assessment of the learning outcomes will be completed by course faculty using the listed evaluation method(s). Aggregated results will be submitted to the Director of Educational Effectiveness. The benchmark for each learning outcome is that 70% of students will meet or exceed outcome criteria.

### SEQUENCE OF TOPICS:

- 1. Lecture: Course overview, syllabus review, history, and introduction to baking & pastry kitchen mechanics 2. Lecture/Lab: Quick breads
- 3. Lecture/Lab: Cookies
- 4. Lecture/Lab: Pies
- 5. Lecture/Lab: Pate a Choux
- 6. Lecture/Lab: Yeast Breads
- 7. Lecture/Lab: Cakes
- 8. Lecture/Lab: Plated Dessert
- 9. Practical Exam and Kitchen Appreciation

## **LEARNING MATERIALS:**

Gisslen, Wayne. *Professional Cooking* 9th ed. New Jersey, Wiley 2018. Page 2 of 3

CUL160 ACT335 24-25

Other learning materials may be required and made available directly to the student and/or via the College's Libraries and/or course management system.

**COURSE APPROVAL:** 

Charlwest

Prepared by: Joseph Jacques Date: 3/28/2018

VPAA/Provost or designee Compliance Verification:

Victoria L. Bastecki-Perez, Ed.D. Date: 5/3/2018

Prepared by: Joseph Jacques

VPAA or designee Compliance Verification:

Date: 2/2024

Date: 4/1/2024

This course is consistent with Montgomery County Community College's mission. It was developed, approved and will be delivered in full compliance with the policies and procedures established by the College.