# Montgomery County Community College CUL 260 Global Cuisines 3-1-4

## COURSE DESCRIPTION:

This course presents the principles of traditional dishes of cuisines from around the globe. Ingredients, flavor profiles, preparations, and techniques of each cuisine will be analyzed. Students will have the opportunity to prepare, taste, and analyze dishes from each cuisine. Sanitary practices and compliance with laws and ordinances of the Department of Health are enforced. Students are required to have a professional chef's uniform to participate in class according to departmental uniform policies. This course is subject to a course fee. Refer to <a href="http://mc3.edu/adm-fin-aid/paying/tuition/course-fees">http://mc3.edu/adm-fin-aid/paying/tuition/course-fees</a> for current rates.

### REQUISITES:

Previous Course Requirements
CUL 120 Introduction to Culinary Techniques with a grade of C or higher

Concurrent Course Requirements
None

Upon successful completion of this course, the student will be able to:

LEARNING OUTCOMES		LEARNING ACTIVITIES	EVALUATION METHODS
1.	Analyze globalization including history, world events, effects of colonialism, migration, and how it effects global cuisine.	Lecture Written assignment	Written assignment Written exam
2.	Demonstrate and practice safety and sanitation practices	Written assignment Lab	Written assignment Practical Exam
3.	Describe a variety of flavor profiles and techniques from Global cultures.	Written assignment, Lecture, Lab & Assigned Readings	Hands on Practical Presentations
4.	Critique a variety of recipes, prepared by self and others, which represent international cultures.	Written assignment, Lecture, Lab & Assigned Readings	Hands on Practical Presentations

5. Evaluate a variety of recipes, prepared by self and others, which represent the various global flavor profiles.	Written assignment Lecture Lab Assigned Readings	Practical Exam
6. Practice and perform work in a logical, efficient, and organized manner; exhibit teamwork	Written assignments Lecture Lab	Written assignments Written exam Practical Exam
7. Calculate butcher's yield and cooking loss tests.	Written assignment Lecture Lab	Written assignment Written exam
8. Review plant-based cuisine and various dietary disciplines.	Written assignment Lecture Lab Assigned Readings	Written assignment Written exam

At the conclusion of each semester/session, assessment of the learning outcomes will be completed by course faculty using the listed evaluation method(s). Aggregated results will be submitted to the Director of Educational Effectiveness. The benchmark for each learning outcome is that 70% of students will meet or exceed outcome criteria.

#### SEQUENCE OF TOPICS:

- Lecture Course Overview, Keys to Understanding International Cuisines, Knife Skills Test
- Lecture/ Lab Middle East (Lebanon, Iraq, Saudi Arabia, Syria, and Israel), & Africa (Algeria, Morocco, Tunisia, Ghana, Nigeria, Ethiopia, Kenya, Tanzania, and Zimbabwe)
- 3. Lecture/Lab China
- 4. Lecture/Lab Japan & Korea
- 5. Lecture/Lab Southeast Asia (Vietnam, Indonesia, Philippines, and Thailand)
- Lecture/Lab India
- 7. Lecture/Lab Australia & New Zealand
- 8. Lecture/Lab Mexico
- Lecture/Lab South America & Caribbean/ Cuba- Latin America
- 10. Cumulative Written Final & Practical

#### LEARNING MATERIALS:

Heyman, Patricia, *International Cooking: A Culinary Journey*. Publisher- Pearson Education, Inc., New Jersey: Latest Edition. ISBN-10: 0-13-21611-7

Page, Karen & Dornenburg, Andrew. *The Flavor Bible*, New York, Little, Brown, & Company 2008

Other learning materials may be required and made available directly to the student and/or via the College's Libraries and/or course management system.

## COURSE APPROVAL:

Prepared by: Stephen O'Donnell, CEC, AAC Date: 1/2009
VPAA/Provost Compliance Verification: Dr. John C. Flynn, Jr. Date: 5/19/2009

Revised by: Christopher Allen Tanner, CEC, WCC, CHE Date: 3/21/2012

Director of The Culinary Arts Institute

VPAA/Provost or designee Compliance Verification:

Victoria L. Bastecki-Perez, Ed.D. Date: 4/12/2012

Revised by: Christopher Allen Tanner, CEC, WCC, CHE Date: 12/6/2012

Director of The Culinary Arts Institute

VPAA/Provost or designee Compliance Verification:

Victoria L. Bastecki-Perez, Ed.D. Date: 1/14/2013

Revised by: Francine Marz, MBA, CEC

Director of The Culinary Arts Institute Date: 8/24/2015

VPAA/Provost Compliance Verification:

Victoria Bastecki-Perez, Ed. D. Date: 12/22/2015

Revised by: Joseph Jacques, CEPC Date: 6/9/2021

VPAA/Provost Compliance Verification:

Gloria Oikelome, Ed. D. Date: 6/9/2021

Revised by: Joseph Jacques, CEPC Date: 2/2024 VPAA or designee Compliance Verification: Date: 4/1/2024

This course is consistent with Montgomery County Community College's mission. It was developed, approved and will be delivered in full compliance with the policies and procedures established by the College.

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