

Montgomery County Community College
 DAN 104
 Modern Dance I
 3-1-4

COURSE DESCRIPTION:

This course is a continuation of DAN 103 and is designed to advance the student to the intermediate level of modern dance technique. Students will continue to refine their skills as they increase their movement vocabularies. Warm-up exercises, center and traveling combinations will increase in complexity. The course includes anatomical information of particular importance to sound modern dance technique. The class will attend one or more live dance performances. This course is subject to a course fee. Refer to <http://mc3.edu/adm-fin-aid/paying/tuition/course-fees> for current rates.

REQUISITES:

Previous Course Requirements

- None

Concurrent Course Requirements

None

LEARNING OUTCOMES Upon successful completion of this course, the student will be able to:	LEARNING ACTIVITIES	EVALUATION METHODS
1. Mobilize the spine over a stable base and execute leg gestures without disrupting spinal alignment.	Movement Activities Lecture/Discussion Assigned Readings Journaling Presentations of Student Performance and Choreography	Movement Activities Presentations of Student Performance and Choreography
2. Execute changes in level and direction and simple jumps and turns.	Movement Activities Lecture/Discussion Assigned Readings Journaling Presentations of Student Performance and Choreography	Movement Activities Presentations of Student Performance and Choreography
3. Work in a variety of musical meters and with shifting accents.	Movement Activities Lecture/Discussion	Movement Activities Presentations of Student Performance and Choreography

LEARNING OUTCOMES	LEARNING ACTIVITIES	EVALUATION METHODS
4. Reverse combinations.	Movement Activities	Movement Activities Presentations of Student Performance and Choreography
5. Perform short movement studies accurately and with poise and concentration.	Movement Activities Lecture/Discussion Journaling	Movement Activities Presentations of Student Performance and Choreography
6. Make informed aesthetic judgments through the creation and performance of an original dance work through group process.	Movement Activities Lecture/Discussion AV/Multimedia Materials Journaling Attending Live Dance Performance(s)	Movement Activities Written Assignment Presentations of Student Performance and Choreography

At the conclusion of each semester/session, assessment of the learning outcomes will be completed by course faculty using the listed evaluation method(s). Aggregated results will be submitted to the Associate Vice President of Academic Affairs. The benchmark for each learning outcome is that *70% of students will meet or exceed outcome criteria.*

SEQUENCE OF TOPICS:

All movement classes will include warm-up exercises and combinations in the center and traveling across the floor. Each class will emphasize a particular concept or skill.

1. Course Introduction
2. Body-Mind Connection
3. Vertical Alignment/Articulating the Spine
4. Breathing/Breath Support
5. Pelvic Alignment/Directions
6. Moving from Center/Central Support
7. Hip Flexion & Rotation
8. Upper Body/Port de Bras
9. Lower Body/Jumps
10. Articulation at the Periphery – Hands & Feet
11. Turns
12. Falling & Rolling
13. Partnering/Contact Improvisation
14. Composition – Solo Movement Study

LEARNING MATERIALS:

Olsen, Andrea. (2004). *BodyStories: A Guide to Experiential Anatomy*. Barrytown, NY: Station Hill Press.

Other learning materials may be required and made available directly to the student and/or via the College's Libraries and/or course management system.

COURSE APPROVAL:

Prepared by: Dr. Melinda Copel	Date: 2/9/2008
VPAA/Provost Compliance Verification: Dr. John C. Flynn, Jr.	Date: 6/17/2008
Revised by: Dr. Melinda Copel	Date: 6/21/2012
VPAA/Provost or designee Compliance Verification: Victoria L. Bastecki-Perez, Ed.D.	Date: 8/27/2012
Revised by: Dr. Melinda Copel	Date: 7/7/2013
VPAA/Provost or designee Compliance Verification: Victoria L. Bastecki-Perez, Ed.D.	Date: 7/18/2013
Revised by: Dr. Melinda Copel	Date: 12/13/2017
VPAA/Provost or designee Compliance Verification: Victoria L. Bastecki-Perez, Ed.D.	Date: 12/13/2017
Revised by: Dr. Melinda Copel	Date: 1/9/2020
Provost or designee Compliance Verification:	Date: 1/9/2020



This course is consistent with Montgomery County Community College's mission. It was developed, approved and will be delivered in full compliance with the policies and procedures established by the College.