

Montgomery County Community College
 DAN 122
 Fundamentals of Ballet II
 3-3-0

COURSE DESCRIPTION:

This course is a continuation of DAN 121 Fundamentals Ballet I. Students consolidate and refine their skills as they continue the study and practice of classical ballet at the elementary level. The class will include exercises at the barre, center work, turns, jumps, and traveling movements.

REQUISITES:

Previous Course Requirements

- DAN 121 Fundamentals of Ballet I with a minimum grade of “C”

Concurrent Course Requirements

None

LEARNING OUTCOMES Upon successful completion of this course, the student will be able to:	LEARNING ACTIVITIES	EVALUATION METHODS
1. Demonstrate correct body placement and correct use of turnout for classical ballet at the barre and in the center.	Movement Activities Journaling Presentations of Student Performance	Presentations of Student Performance
2. Demonstrate consistent use of correct positions of the feet and arms used in classical ballet.	Movement Activities	Presentations of Student Performance
3. Demonstrate correct execution of basic exercises.	Movement Activities	Presentations of Student Performance
4. Execute ballet exercises with correct rhythm and musical phrasing.	Movement Activities	Presentations of Student Performance

LEARNING OUTCOMES	LEARNING ACTIVITIES	EVALUATION METHODS
5. Discuss the aesthetic principles of classical ballet and demonstrate them through movement.	Movement Activities Journaling Attending Live Dance Performance(s) AV/Multimedia Materials	Presentations of Student Performance and Choreography Written Assignment
6. Identify ballet terms and use them correctly in a written and spoken context.	Movement Activities Journaling Attending Live Dance Performance(s)	Written Assignments
7. Demonstrate poise and concentration while performing short ballet studies.	Movement Activities	Presentations of Student Performance

At the conclusion of each semester/session, assessment of the learning outcomes will be completed by course faculty using the listed evaluation method(s). Aggregated results will be submitted to the Associate Vice President of Academic Affairs. The benchmark for each learning outcome is that *70% of students will meet or exceed outcome criteria*.

SEQUENCE OF TOPICS:

All movement classes will include basic exercises at the barre, in the center, and traveling across the floor. Each class will emphasize a particular concept or skill.

1. Introduction
2. Correct use of turnout
3. Proper alignment
4. Cambrés and port de bras
5. Directions of the body
6. Adagio (First Movement Demonstration)
7. Turns
 - a. spotting
 - b. soutenu turns
 - c. chaîné turns
 - d. piqué turns
 - e. preparatory exercises for pirouettes
8. Jumps
 - a. correct jumping technique
 - b. jumps in 1st, 2nd, 4th, and 5th positions
 - c. changements and échappés
 - d. glissade, assemblé, petit jeté, temps levé, simple sissonne, pas de chat
9. Overview of Ballet History
 - a. origins of ballet in the French court
 - b. Romantic and Classical ballet in the 19th c.
 - c. changes in the ballet aesthetic in the early 20th c.
 - d. neo-classicism and 20th c. American ballet

10. Petit Allegro (Second Movement Demonstration)
11. Pirouettes
12. Grand Allegro
 - a. chassé pas de bourrée
 - b. temps levé
 - c. grands jeté
13. Waltz steps: balancé and waltz turns
14. Composition/ABA Form (Final Dance Study)

LEARNING MATERIALS:

Required text:

Hammond, Sandra Noll. (2003). *Ballet Basics* (5th ed.). Mountain View, CA: Mayfield Publishing Co.

Additional readings may be assigned.

Other learning materials may be required and made available directly to the student and/or via the College's Libraries and/or course management system.

COURSE APPROVAL:

Prepared by: Dr. Melinda Copel

Date: 2/4/2008

VPAA/Provost Compliance Verification: Dr. John C. Flynn, Jr.

Date: 5/18/2010

Revised by: Dr. Melinda Copel

Date: 2/2013

VPAA/Provost or designee Compliance Verification:
Victoria L. Bastecki-Perez, Ed.D.

Date: 6/13/2013

Revised by: Dr. Melinda Copel/Debbie Dalrymple

Date: 02/02/2017

VPAA/Provost or designee Compliance Verification:
Victoria L. Bastecki-Perez, Ed.D.

Date: 02/02/2017

This course is consistent with Montgomery County Community College's mission. It was developed, approved and will be delivered in full compliance with the policies and procedures established by the College.