

Montgomery County Community College
 DAN 205
 Modern Dance III
 3-1-4

COURSE DESCRIPTION:

This course is a continuation of DAN 204. Students continue to refine their skills and increase their strength, flexibility, and stamina as they advance their technique through the continued study and practice of modern dance at the intermediate level. The class will attend one or more live dance performances. This course is subject to a course fee. Refer to <http://mc3.edu/adm-fin-aid/paying/tuition/course-fees> for current rates.

REQUISITES:

Previous Course Requirements

- * DAN 204 Modern Dance II with a minimum grade of "C"

Concurrent Course Requirements

None

LEARNING OUTCOMES Upon successful completion of this course, the student will be able to:	LEARNING ACTIVITIES	EVALUATION METHODS
1. Mobilize the spine over a stable base and execute leg gestures without disrupting spinal alignment with increasing proficiency, clarity, and consistency.	Movement Activities Assigned Readings Journaling Presentations of Student Performance and Choreography	Presentations of Student Performance
2. Execute changes in level and direction with increasing proficiency in maintaining spatial clarity.	Movement Activities Assigned Readings Journaling Presentations of Student Performance and Choreography	Presentations of Student Performance
3. Demonstrate increasing sensitivity to musical phrasing as well as the ability to work in a variety of musical meters and with shifting accents.	Movement Activities	Presentations of Student Performance

LEARNING OUTCOMES	LEARNING ACTIVITIES	EVALUATION METHODS
4. Execute intermediate level exercises with increasing proficiency including body positions more closely approaching the ideal, higher extensions, higher jumps, more consistent and longer balances, and increasing centeredness in turns.	Movement Activities Assigned Readings Journaling Presentations of Student Performance and Choreography	Presentations of Student Performance
5. Execute intermediate-level exercises with increasing proficiency regarding rhythm and timing and the appropriate use of energy qualities.	Movement Activities	Presentations of Student Performance
6. Demonstrate increasing proficiency in correct use of modern dance technique, accurate rhythm and timing, sensitivity to musical phrasing, and appropriate use of energy qualities while performing short movement studies.	Movement Activities	Presentations of Student Performance
7. Choreograph and perform an original solo which communicates an underlying theme or concept, effectively uses a range of dynamic qualities, and reflects a growing understanding of choreographic structure.	Movement Activities Discussion	Presentations of Student Performance and Choreography

At the conclusion of each semester/session, assessment of the learning outcomes will be completed by course faculty using the listed evaluation method(s). Aggregated results will be submitted to the Associate Vice President of Academic Affairs. The benchmark for each learning outcome is that *70% of students will meet or exceed outcome criteria.*

SEQUENCE OF TOPICS:

All movement classes will include warm-up exercises and combinations in the center and traveling across the floor. Each class will emphasize a particular concept or skill.

1. Course Introduction
2. Body-Mind Connection
3. Vertical Alignment/Articulating the Spine
4. Breathing/Breath Support
5. Pelvic Alignment/Directions
6. Moving from Center/Central Support
7. Hip Flexion & Rotation
8. Upper Body/Port de Bras
9. Lower Body/Jumps
10. Articulation at the Periphery – Hands & Feet
11. Turns
12. Falling & Rolling
13. Partnering/Contact Improvisation
14. Composition – Solo Movement Study

LEARNING MATERIALS:

Required text:

Dowd, Irene. (1995). *Taking Root to Fly: Articles on Functional Anatomy*.

Other learning materials may be required and made available directly to the student and/or via the College's Libraries and/or course management system.

COURSE APPROVAL:

Prepared by: Dr. Melinda Copel Date: 10/18/2010

Interim VPAA/Provost Compliance Verification:
Victoria L. Bastecki-Perez, Ed.D. Date: 12/21/2010

Revised by: Dr. Melinda Copel Date: 2/2013

VPAA/Provost or designee Compliance Verification:
Victoria L. Bastecki-Perez, Ed.D. Date: 5/28/2013

Reviewed by: Dr. Melinda Copel Date: 8/12/2017

VPAA/Provost or designee Compliance Verification: Date: 8/28/2017



This course is consistent with Montgomery County Community College's mission. It was developed, approved and will be delivered in full compliance with the policies and procedures established by the College.