## Montgomery County Community College DAN 206 Modern Dance IV 3-1-4

#### COURSE DESCRIPTION:

This course is a continuation of DAN 205. Students continue to refine their skills and increase their strength, flexibility, and stamina as they advance their technique through the continued study and practice of modern dance at the intermediate level. The class will attend one or more live dance performances. This course is subject to a course fee. Refer to http://mc3.edu/adm-fin-aid/paying/tuition/course-fees for current rates.

### REQUISITE(S):

Previous Course Requirements

DAN 205 Modern Dance III with a minimum grade of "C"

# Concurrent Course Requirements None

LEARNING OUTCOMES Upon successful completion of this course, the student will be able to:	LEARNING ACTIVITIES	EVALUATION METHODS
Mobilize the spine over a stable base and execute leg gestures without disrupting spinal alignment with increasing proficiency, clarity, and consistency.	Movement Activities Assigned Readings Journaling Presentations of Student Performance and Choreography	Presentations of Student Performance
2. Demonstrate increasing proficiency in correct body placement and correct use of turnout for modern dance.	Movement Activities Assigned Readings Journaling Presentations of Student Performance and Choreography	Presentations of Student Performance
3. Demonstrate increasing sensitivity to musical phrasing as well as the ability to work in a variety of musical meters and with shifting accents.	Movement Activities	Presentations of Student Performance

LEARNING OUTCOMES	LEARNING ACTIVITIES	EVALUATION METHODS
4. Demonstrate progress in executing intermediate level exercises with increasing proficiency including body positions more closely approaching the ideal, higher extensions, higher jumps, more consistent and longer balances, and increasing centeredness in turns.	Movement Activities Assigned Readings Journaling Presentations of Student Performance and Choreography	Presentations of Student Performance
5. Execute intermediate- level exercises with increasing proficiency regarding rhythm and timing and the appropriate use of energy qualities as well as increasing attentiveness to the expressive qualities of the movement.	Movement Activities	Presentations of Student Performance
6. Demonstrate increasing proficiency in correct use of modern dance technique, accurate rhythm and timing, sensitivity to musical phrasing, appropriate use of energy qualities, and increased attentiveness to the expressive qualities of the movement while performing short movement studies.	Movement Activities	Presentations of Student Performance

ΙF	ARNING OUTCOMES	LEARNING ACTIVITIES	EVALUATION METHODS
7.		Movement Activities	Presentations of Student
' '	perform an original	Discussion	Performance and
	solo in which all the	Disoussion	Choreography
	elements – movement,		Onorcography
	music, choreographic		
	structure, costume –		
	support the underlying		
	concept and which		
	exhibits the following:		
	effective		
•	communication of the		
	dance's theme		
1_			
•	inventive use of		
	movement		
•	clarity of the		
	overall structure		
•	expressive, clearly		
	articulated use of		
	space, time, force, and		
	flow (as appropriate to		
	the dance's main		
	theme or concept)		
•	correct technical		
	execution of the		
	movement		

At the conclusion of each semester/session, assessment of the learning outcomes will be completed by course faculty using the listed evaluation method(s). Aggregated results will be submitted to the Associate Vice President of Academic Affairs. The benchmark for each learning outcome is that 70% of students will meet or exceed outcome criteria.

### **SEQUENCE OF TOPICS:**

All movement classes will include warm-up exercises and combinations in the center and traveling across the floor. Each class will emphasize a particular concept or skill.

- 1. Course Introduction
- 2. Body-Mind Connection
- 3. Vertical Alignment/Articulating the Spine
- 4. Breathing/Breath Support
- 5. Pelvic Alignment/Directions
- 6. Moving from Center/Central Support
- 7. Hip Flexion & Rotation
- 8. Upper Body/Port de Bras
- 9. Lower Body/Jumps

- 10. Articulation at the Periphery Hands & Feet
- 11. Turns
- 12. Falling & Rolling
- 13. Partnering/Contact Improvisation
- 14. Composition Solo Movement Study

### **LEARNING MATERIALS:**

Required text:

Dowd, Irene. (1995). Taking Root to Fly: Articles on Functional Anatomy.

Other learning materials may be required and made available directly to the student and/or via the College's Libraries and/or course management system.

### **COURSE APPROVAL:**

Jul-feos

Prepared by: Dr. Melinda Copel Date: 10/27/2010

Interim VPAA/Provost Compliance Verification:

Victoria L. Bastecki-Perez, Ed.D. Date: 12/21/2010

Revised by: Dr. Melinda Copel Date: 2/2013

VPAA/Provost or designee Compliance Verification:

Victoria L. Bastecki-Perez, Ed.D. Date: 5/28/2013

Reviewed by: Dr. Melinda Copel Date: 8/12/2017 VPAA/Provost or designee Compliance Verification: Date: 8/28/2017

This course is consistent with Montgomery County Community College's mission. It was developed, approved and will be delivered in full compliance with the policies and procedures established by the College.