

Montgomery County Community College
 FYE101
 First Year Experience
 3-3-0

COURSE DESCRIPTION:

An introductory course that involves familiarization with college resources, culture, policies and technology. This course focuses on personal development, student success strategies and career exploration. Throughout the semester, students will use technology to engage in self-assessment and reflection and examine transfer and career options. This course also includes individual student coaching by the course instructor.

REQUISITE(S):

Successful completion of ESL 010 is required for students who place into ESL courses.

CO-REQUISITE(S):

None

Upon successful completion of this course, the student will be able to:

LEARNING OUTCOMES	LEARNING ACTIVITIES	EVALUATION METHODS
1. Interpret individual needs, identify and discuss appropriate college resources to meet them including student resources, services and college technology systems	Lecture/Discussion Demonstration/Simulation Guest Presentations Individual/Group Activities	Written Assignments Projects Journal Entries Quizzes
2. Locate and apply college policies and procedures	Lecture/ Discussion Individual/Group Activities	Written Assignments Case Studies
3. Apply effective online and face-to-face communication to develop self-advocacy skills with the assistance of an academic coach	Regular One-on-One Interactions	Written Assignments Engagement Rubrics Online Surveys
4. Apply strategies and technological resources for setting goals, time management and preparing for tests	Assigned Readings/Videos Lecture/Discussion Individual/Group Activities	Written Assignments Projects

LEARNING OUTCOMES	LEARNING ACTIVITIES	EVALUATION METHODS
5. Assess and apply critical thinking skills to events and circumstances that they may experience in a typical day as a college student	Individual/Group Activities	Written/Online Self-Assessments
6. Describe strategies and resources related to health, wellness and overall well-being	Assigned Readings/Videos Lecture/Discussion Guest Presentations Individual/Group Activities	Written/Online Self-Assessments
7. Describe concepts of diversity, recognize diverse perspectives, and understand the inherent value that comes from a diverse a diverse environment	Assigned Readings/Videos Lecture/ Discussion Guest Presentations Individual/Group Activities	Written/Online Self-Assessments Projects
8. Utilize technological resources and programs to develop and present an individualized educational/career plan that is based in research	Lecture/Discussion Online research Guest Presentations	Oral/Written Research Report/Presentation

At the conclusion of each semester/session, assessment of the learning outcomes will be completed by course faculty using the listed evaluation method(s). Aggregated results will be submitted to the Associate Vice President of Academic Affairs. The benchmark for each learning outcome is that *70% of students will meet or exceed outcome criteria.*

SEQUENCE OF TOPICS:

1. Course Introduction and Mindset
2. Campus Resources
3. Information Literacy
4. Goal Setting, Motivation and Grit
5. Time Management
6. Metacognition and Strategic Studying
7. Test-taking Strategies and Test Anxiety
8. Wellness and Stress Management
9. Financial Management/Literacy

11. Diversity and Equity
12. Career Planning and Development

*Academic and Life Coaching (embedded throughout)

LEARNING MATERIALS:

Open Educational Resources posted to Blackboard for each unit.
[College Success | Simple Book Production \(lumenlearning.com\)](#)

LASSI (Learning and Study Strategies Inventory – 3rd Edition)

Other learning materials may be required and made available directly to the student through the College's Libraries and/or course management system. (Blackboard)

COURSE APPROVAL:

Prepared by: Jennifer Mullen and Darryl Williams
VPAA or designee Compliance Verification:

Date: 3/2021

Date: 4/30/2021



This course is consistent with Montgomery County Community College's mission. It was developed, approved and will be delivered in full compliance with the policies and procedures established by the College.