COURSE DESCRIPTION:
This course focuses on those basic concepts which form the foundation of nursing practice, including nursing history, caring, health, wellness-illness, nursing process, communication, teaching-learning, legal-ethical principles of practice, cultural diversity, spirituality, theories of growth and development, and scope of nursing within the health care system. Examination of nursing theories helps introduce the philosophy and conceptual framework of the nursing program. This is a non-clinical course subject to a course fee. Refer to [http://mc3.edu/adm-fin-aid/paying/tuition/course-fees](http://mc3.edu/adm-fin-aid/paying/tuition/course-fees) for current rates.

REQUISITES:

*Previous Course Requirements*
- High School Diploma or equivalent on file at the college prior to registration for NUR 106.
- One of the following options:
  - Option 1
    - Placement into or completion of Anatomy and Physiology I (BIO 131)
    - TEAS composite score of 75% or greater
    - TEAS Reading Comprehension score of 75% or greater
  - Option 2
    - “B” or better in BIO 131, BIO 132 or BIO 140
    - TEAS composite score of 65% or greater
    - TEAS Reading Comprehension score of 75% or greater

*Previous or Concurrent Course Requirements*
- BIO 131 Human Anatomy and Physiology I
- BIO 140 Microbiology and Immunology
- MAT 106 Math Applications
Upon successful completion of this course, the student will be able to:

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<tr>
<th>LEARNING OUTCOMES</th>
<th>LEARNING ACTIVITIES</th>
<th>EVALUATION METHODS</th>
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<tbody>
<tr>
<td>1. Describe the basic concepts essential to professional nursing practice.</td>
<td>Lecture, Audio-Visual Material, Independent and Required Readings, Group Research Project, Class Discussion, Discussion of Homework Assignments</td>
<td>Discussion Questions, Written Homework Assignments, Exams</td>
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<td>2. Relate trends in society to the historical development of nursing as a profession.</td>
<td>Lecture, Audio-Visual Material, Independent and Required Readings, Group Research Project, Class Discussion, Discussion of Homework Assignments</td>
<td>Discussion Questions, Written Homework Assignments, Exams, Group Research Project</td>
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<td>3. Describe the process of socialization into professional nursing.</td>
<td>Lecture, Audio-Visual Material, Independent and Required Readings, Group Research Project, Class Discussion, Discussion of Homework Assignments</td>
<td>Discussion Questions, Written Homework Assignments, Professional Nursing Journal Review Assignment, Exams</td>
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<td>4. Explain the roles of the nurse.</td>
<td>Classroom Presentations, Audio-Visual Material, Independent and Required Readings, Group Research Project, Class Discussion, Discussion of Homework Assignments</td>
<td>Discussion Questions, Written Homework Assignments, Exams, Group Research Project Nurse Interview Assignment</td>
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<td>5. Recognize the legal and ethical concepts upon which professional nursing is based.</td>
<td>Classroom Presentations, Audio-Visual Material, Independent and Required Readings, Group Research Project, Class Discussion, Discussion of Homework Assignments</td>
<td>Discussion Questions, Written Homework Assignments, Exams, Group Research Project</td>
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| 6. Identify the components of the health care delivery system and nursing’s role within the system. | Lecture  
Audio-Visual Material  
Independent and Required Readings  
Group Research Project  
Class Discussion  
Homework Assignments | Discussion Questions  
Written Homework Assignments  
Exams  
Group Research Project  
Nurse Interview Assignment |
| 7. Illustrate the role of critical thinking in professional nursing practice. | Lecture  
Audio-Visual Material  
Independent and Required Readings  
Group Research Project  
Class Discussion  
Homework Assignments  
Case Studies | Discussion Questions  
Written Homework Assignments  
Professional Nursing  
Journal Review Assignment  
Exams  
Group Research Project |
| 8. Compare and contrast the influences of nurse theorists in the development of professional nursing | Lecture  
Audio-Visual Material  
Independent and Required Readings  
Group Research Project  
Class Discussion  
Discussion of Homework Assignments | Discussion Questions  
Written Homework Assignments  
Exams |

At the conclusion of each semester/session, assessment of the learning outcomes will be completed by course faculty using the listed evaluation method(s). Aggregated results will be submitted to the Associate Vice President of Academic Affairs. The benchmark for each learning outcome is that 70% of students will meet or exceed outcome criteria.

SEQUENCE OF TOPICS:
I. Orientation to Course
II. History of Nursing
III. Professional Socialization
V. Communication
V. Caring and Spiritual Needs
   A. Principles
      1. Caring
      2. Spiritual Needs
         a. Folk cultures
         b. Spiritual beliefs
         c. Spiritual development
         d. Spirituality - with and without religious connection
         e. Sacraments pertinent to Christians during illness
f. General guidelines for major organized religions
   B. Caring Theorists
   C. Characteristics of Caring

VI. Social, Cultural, Ethnic Considerations
   A. Concepts and Influences
   B. Differences and Similarities
   C. Cultural Groups
   D. Cultural Factors
   E. Ethnocentrism
   F. Racism
   G. Family Theories, Structure and Functions

VII. Practice and Profession of Nursing
   A. Definitions of Nursing
   B. Characteristics of a Profession
   C. Nursing Education
   D. Nursing Practice
   E. Roles of the Associate Degree Nurse
   F. Expanded and Specialized Roles Available to Nurses

VIII. Nursing Theories and Conceptual Frameworks
   A. Nursing Theory
   B. Nursing Research
   C. Conceptual Frameworks
   D. College's Nursing Program Conceptual Framework and Philosophy

IX. Health and Wellness: A Nursing Perspective
   A. Models of Health
   B. Nursing Perspectives of Health
   C. Process of Adaptation
   D. Complementary Health Practices
   E. Holistic Approach to Care
   F. Human Needs
   G. Growth and Development across the Lifespan
      1. Physical
      2. Cognitive (Piaget)
      3. Psychosocial (Erikson and Freud)
      4. Moral (Kohlberg)

X. Health Care Delivery Systems
   A. Types or Levels of Health Care Delivery Systems
   B. Providers of Care
   C. Health Care Agencies
   D. Financing Health Care Today
   E. Issues, Influences and Problems in Health Care Delivery
   F. Recommendations of the Future

XI. Problem Solving, Critical Thinking and Nursing Process

XII. Teaching-Learning Principles A. Teaching-Learning Process
A. Principles of Learning  
B. Assessment of Learning Needs  
C. Nursing Process  

XIII. Legal/Ethical Principles of Practice  
A. Function of the Law in Nursing  
   A. Legal Parameters  
   B. Legal Principles  
   C. Common Legal Concerns  
   D. Record Keeping  
   E. Liability  
   F. Ethics, Values and Morality  
   G. Values  
   H. Nursing Ethics  
   I. Client Rights  
   J. Ethics Committees  

LEARNING MATERIALS:  
Required:  

Optional:  

Other learning materials may be required and made available directly to the student and/or via the College’s Libraries and/or course management system.  

COURSE APPROVAL:  
Prepared by: Deborah L. Dalrymple, MSN, RN Date: 11/8/2005  
Reviewed and Revised by: Deborah L. Dalrymple, MSN, RN Date: 10/30/2008  
VPAA/Provost Compliance Verification: Dr. John C. Flynn, Jr. Date: 9/11/2009  
Reviewed and Revised by: Judy Davis-Radich, MSN, RN Date: 10/30/2012  
VPAA/Provost or designee Compliance Verification: Victoria L. Bastecki-Perez, Ed.D. Date: 11/1/2012  
Reviewed and Revised by: Deborah Dalrymple, MSN, RN Date: 6/27/2016
This course is consistent with Montgomery County Community College’s mission. It was developed, approved and will be delivered in full compliance with the policies and procedures established by the College.