

Montgomery County Community College
NUR 106
Concepts of Nursing
3-3-0

COURSE DESCRIPTION:

This course focuses on those basic concepts which form the foundation of nursing practice, including nursing history, caring, health, wellness-illness, nursing process, communication, teaching-learning, legal-ethical principles of practice, cultural diversity, spirituality, theories of growth and development, and scope of nursing within the health care system. Examination of nursing theories helps introduce the philosophy and conceptual framework of the nursing program. This is a non-clinical course subject to a course fee. Refer to <http://mc3.edu/adm-fin-aid/paying/tuition/course-fees> for current rates.

REQUISITES:

Previous Course Requirements

- High School Diploma or equivalent on file at the college prior to registration for NUR 106.
- One of the following options:
 - o Option 1
 - Placement into or completion of Anatomy and Physiology I (BIO 131)
 - TEAS composite score of 75% or greater
 - TEAS Reading Comprehension score of 75% or greater
 - o Option 2
 - "B" or better in BIO 131, BIO 132 or BIO 140
 - TEAS composite score of 65% or greater
 - TEAS Reading Comprehension score of 75% or greater

Previous or Concurrent Course Requirements

- BIO 131 Human Anatomy and Physiology I
- BIO 140 Microbiology and Immunology
- MAT 106 Math Applications

Upon successful completion of this course, the student will be able to:

LEARNING OUTCOMES	LEARNING ACTIVITIES	EVALUATION METHODS
1. Describe the basic concepts essential to professional nursing practice.	Lecture Audio-Visual Material Independent and Required Readings Group Research Project Class Discussion Discussion of Homework Assignments	Discussion Questions Written Homework Assignments Exams
2. Relate trends in society to the historical development of nursing as a profession.	Lecture Audio-Visual Material Independent and Required Readings Group Research Project Class Discussion Discussion of Homework Assignments	Discussion Questions Written Homework Assignments Exams Group Research Project
3. Describe the process of socialization into professional nursing.	Lecture Audio-Visual Material Independent and Required Readings Group Research Project Class Discussion Discussion of Homework Assignments	Discussion Questions Written Homework Assignments Professional Nursing Journal Review Assignment Exams
4. Explain the roles of the nurse.	Classroom Presentations Audio-Visual Material Independent and Required Readings Group Research Project Class Discussion Discussion of Homework Assignments	Discussion Questions Written Homework Assignments Exams Group Research Project Nurse Interview Assignment
5. Recognize the legal and ethical concepts upon which professional nursing is based.	Classroom Presentations Audio-Visual Material Independent and Required Readings Group Research Project Class Discussion Discussion of Homework Assignments	Discussion Questions Written Homework Assignments Exams Group Research Project

LEARNING OUTCOMES	LEARNING ACTIVITIES	EVALUATION METHODS
6. Identify the components of the health care delivery system and nursing's role within the system.	Lecture Audio-Visual Material Independent and Required Readings Group Research Project Class Discussion Homework Assignments	Discussion Questions Written Homework Assignments Exams Group Research Project Nurse Interview Assignment
7. Illustrate the role of critical thinking in professional nursing practice.	Lecture Audio-Visual Material Independent and Required Readings Group Research Project Class Discussion Homework Assignments Case Studies	Discussion Questions Written Homework Assignments Professional Nursing Journal Review Assignment Exams Group Research Project
8. Compare and contrast the influences of nurse theorists in the development of professional nursing	Lecture Audio-Visual Material Independent and Required Readings Group Research Project Class Discussion Discussion of Homework Assignments	Discussion Questions Written Homework Assignments Exams

At the conclusion of each semester/session, assessment of the learning outcomes will be completed by course faculty using the listed evaluation method(s). Aggregated results will be submitted to the Associate Vice President of Academic Affairs. The benchmark for each learning outcome is that *70% of students will meet or exceed outcome criteria.*

SEQUENCE OF TOPICS:

- I. Orientation to Course
- II. History of Nursing
- III. Professional Socialization
- V. Communication
- V. Caring and Spiritual Needs
 - A. Principles
 1. Caring
 2. Spiritual Needs
 - a. Folk cultures
 - b. Spiritual beliefs
 - c. Spiritual development
 - d. Spirituality - with and without religious connection
 - e. Sacraments pertinent to Christians during illness

- f. General guidelines for major organized religions
 - B. Caring Theorists
 - C. Characteristics of Caring
- VI. Social, Cultural, Ethnic Considerations
 - A. Concepts and Influences
 - B. Differences and Similarities
 - C. Cultural Groups
 - D. Cultural Factors
 - E. Ethnocentrism
 - F. Racism
 - G. Family Theories, Structure and Functions
- VII. Practice and Profession of Nursing
 - A. Definitions of Nursing
 - B. Characteristics of a Profession
 - C. Nursing Education
 - D. Nursing Practice
 - E. Roles of the Associate Degree Nurse
 - F. Expanded and Specialized Roles Available to Nurses
- VIII. Nursing Theories and Conceptual Frameworks
 - A. Nursing Theory
 - B. Nursing Research
 - C. Conceptual Frameworks
 - D. College's Nursing Program Conceptual Framework and Philosophy
- IX. Health and Wellness: A Nursing Perspective
 - A. Models of Health
 - B. Nursing Perspectives of Health
 - C. Process of Adaptation
 - D. Complementary Health Practices
 - E. Holistic Approach to Care
 - F. Human Needs
 - G. Growth and Development across the Lifespan
 - 1. Physical
 - 2. Cognitive (Piaget)
 - 3. Psychosocial (Erikson and Freud)
 - 4. Moral (Kohlberg)
- X. Health Care Delivery Systems
 - A. Types or Levels of Health Care Delivery Systems
 - B. Providers of Care
 - C. Health Care Agencies
 - D. Financing Health Care Today
 - E. Issues, Influences and Problems in Health Care Delivery
 - F. Recommendations of the Future
- XI. Problem Solving, Critical Thinking and Nursing Process
- XII. Teaching-Learning Principles A. Teaching-Learning Process

- A. Principles of Learning
- B. Assessment of Learning Needs
- C. Nursing Process
- XIII. Legal/Ethical Principles of Practice A. Function of the Law in Nursing
 - A. Legal Parameters
 - B. Legal Principles
 - C. Common Legal Concerns
 - D. Record Keeping
 - E. Liability
 - F. Ethics, Values and Morality
 - G. Values
 - H. Nursing Ethics
 - I. Client Rights
 - J. Ethics Committees

LEARNING MATERIALS:

Required:

- Doenges, M., Moorhouse, M., and Murr, A. (2016). *Nurse's pocket guide: Diagnoses, Prioritized Interventions and Rationales* (14th ed.). Philadelphia, PA: F.A. Davis Company.
- Taylor, C., Lynn, P. & Bartlett, J.L. (2019). *Fundamentals of Nursing: The art and science of person-centered nursing care.* (9th ed.). Philadelphia, PA: Lippincott Williams & Wilkins.

Optional:

- Nugent, P. M., and Vitale, B. A. (2017). *Fundamentals: Davis' essential nursing content plus practice questions*, (2nd ed). Philadelphia: F. A. Davis Co.

Other learning materials may be required and made available directly to the student and/or via the College's Libraries and/or course management system.

COURSE APPROVAL:

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| Prepared by: Deborah L. Dalrymple, MSN, RN | Date: 11/8/2005 |
| Reviewed and Revised by: Deborah L. Dalrymple, MSN, RN | Date: 10/30/2008 |
| VPAA/Provost Compliance Verification: Dr. John C. Flynn, Jr. | Date: 9/11/2009 |
| Reviewed and Revised by: Judy Davis-Radich, MSN, RN | Date: 10/30/2012 |
| VPAA/Provost or designee Compliance Verification:
Victoria L. Bastecki-Perez, Ed.D. | Date: 11/1/2012 |
| Reviewed and Revised by: Deborah Dalrymple, MSN, RN | Date: 6/27/2016 |

VPAA/Provost or designee Compliance Verification: Victoria L. Bastecki-Perez, Ed.D. Date: 6/27/2016

Revised by: Linda Roy Date: 12/2017

VPAA/Provost or designee Compliance Verification: Victoria L. Bastecki-Perez, Ed.D. Date: 12/20/2017

Revised by: Jill Bregovi, Martina M. Ware, and Linda Roy Date: 3/7/2019

VPAA/Provost or designee Compliance Verification: Date: 3/19/2019



This course is consistent with Montgomery County Community College's mission. It was developed, approved and will be delivered in full compliance with the policies and procedures established by the College.