# Montgomery County Community College NUR 107

Introduction to Professional Nursing: Concepts for Transitioning to Practice 3-2-3

### COURSE DESCRIPTION:

This course introduces the licensed practical nurse (LPN) to the concepts of professional nursing practice building on previous knowledge and practice as the LPN transitions to the registered nurse role. The student identifies the wellness needs of the individual and community using clinical reasoning and judgement with integration of the nursing process needed for transitioning to the role of the registered nurse. Emphasis is placed on development of skills necessary for safe, client centered care that will prepare the student for success in the Nursing Program's curriculum. This course is subject to a course fee. Refer to <a href="http://mc3.edu/adm-fin-aid/paying/tuition/coursefees">http://mc3.edu/adm-fin-aid/paying/tuition/coursefees</a> for current rates.

#### REQUISITES:

Previous Course Requirements

- Current LPN License
- High School transcript or equivalent
- TEAS reading score of 75% or greater
- Placement in BIO 131 with a TEAS composite score of 75% or greater **OR** a B or better in BIO 131, 132, or 140 and a 65% TEAS composite score
  - BIO 131- Anatomy and Physiology I- with a minimum grade of "C" within 5 vears
  - BIO 140- Microbiology and Immunology- with a minimum grade of "C" within 5 years
  - MAT 106- Math Applications- w with a minimum grade of "C" within 5 years
  - PSY 101- Introduction to Psychology

## Previous or Concurrent Course Requirements

 BIO 132- Anatomy and Physiology II with a minimum grade of "C" within 5 vears-

NUR 107 may only be one year old when students enter the clinical component of the Nursing Program.

Upon successful completion of this course, the student will be able to:

LEARNING OUTCOMES	LEARNING ACTIVITIES	EVALUATION METHODS
<ol> <li>Describe the concepts</li> </ol>	Active learning activities	Discussion
of nursing essential for	Assigned readings	Evaluation of active
professional nursing	Case Study	learning activities
practice	Lecture/discussion	Exam questions
2. Apply the concepts of	Active learning activities-	Concept map based on
nursing using the	community wellness	case study discussion
nursing process to	Case Study	Evaluation of active
promote wellness in	Health promotion review	learning activities

LEARNING OUTCOMES		LEARNING ACTIVITIES	EVALUATION METHODS
	diverse individuals and communities	Nursing Process	Exam questions Teaching-learning assignment Windshield survey
3.	Apply current standards of practice in providing holistic, quality care within the legal ethical framework of professional nursing practice	Active learning decision making activities Case study Lecture/discussion Review of nurse practice act Reflective Journal Simulation experience	Discussion Evaluation of simulation experience Reflective journal rubric
	Demonstrate nursing skills consistently to ensure safety and quality care	Skill review/boot camp Quantitative skills modules	Skill performance Exam questions
5.	Demonstrate effective communication within nursing and interdisciplinary teams, fostering open communication, respect and shared decision making to achieve client care	Communication techniques and processes Older adult interview Reflective journal Simulation/Interprofessional education (IPE) experience	Collaborative project Documentation exercise/ Use of EHR Evaluation of Simulation/IPE experience Older adult interview rubric Reflective journal Teaching-learning project
6.	Distinguish caring and non-caring behaviors in self and others	Active learning activities Reflective journal	Evaluation of active learning activities Discussion Reflective journal (to include self-care)
7.	Recognize activities that foster personal and professional growth	Active learning activities Journal review	Evaluation of active learning activities Goal statement Journal review rubric

At the conclusion of each semester/session, assessment of the learning outcomes will be completed by course faculty using the listed evaluation method(s). Aggregated results will be submitted to the Associate Vice President of Academic Affairs. The benchmark for each learning outcome is that 70% of students will meet or exceed outcome criteria.

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### **SEQUENCE OF TOPICS:**

I. Introduction to the Nursing Program and Orientation to the Course

- a. Information Literacy
- II. QSEN Competencies and Professional Concepts
- III. Legal Issues
  - a. Nurse Practice acts- role change from LPN to RN and RN Student
  - b. HIPPA
  - c. Documentation
  - d. Mandatory reporting
- IV. Ethics
  - a. Morality
  - b. Client rights
  - c. Code of ethics
- V. Clinical judgement and decision making
  - a. Nursing process/Concept mapping/ plan of care
  - b. Organizing and prioritizing care
  - c. Delegation
- VI. Accountability
  - a. Professional development
  - b. Advocacy
  - c. Unsafe conduct
  - d. Environmental quality
  - e. Safety in Medication Administration
    - i. Nursing Process with Medication Administration
    - ii. Quantitative Skills
- VII. Communication
  - a. Individual communication
  - b. Group communication
  - c. Therapeutic communication
- VIII. Self-Concept
  - a. Teamwork and collaboration/IPE
  - b. Self-care
- IX. Teaching-Learning
- X. Health and Wellness
  - a. Health Promotion in the adult
  - b. Development of the older adult
  - c. Social Determinants of Health
  - d. Physical fitness
  - e. Obesity
  - f. Oral health
- XI. Culture/diversity/spirituality
- XII. Caring Practice
- XIII. Managed Care/Professionalism
  - a. Case Management
  - b. Delivery models for various health settings in acute, chronic and outpatient
- XIV. Introduction to Bio-Physical-Psycho-Social concepts
- XV. Nursing Skills\*\*\* Integrated each week along with a skills boot camp to facilitate success.

<sup>\*\*\*</sup>Concept definitions are referenced from Arnoldussen, B., Callahan, B., Daley, L., Hand, M., Phillips, P., and Rodehorst, K. Eds. (2019). Nursing: A Concept-based Approach to

# REQUIRED TEXTBOOK AND MATERIALS:

Taylor, C., Lynn, P. & Bartlett, J. L. (2019). Fundamentals of Nursing: The art and science of person-centered nursing care. (9<sup>th</sup> ed). Philadelphia, PA: Wolters Kluwer.

Lippincott Course Point +: The point.lww.com/coursepointplus

ATI: https://atitesting.com

Other learning materials may be required and made available directly to the student and/or via the College's Libraries and/or course management system.

**COURSE APPROVAL:** 

Prepared by: Denise Davidson Date: 9/2/2021 VPAA or designee Compliance Verification: Date: 9/15/2021

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