

Montgomery County Community College
 PSY 204
 Adolescent Psychology
 3-3-0

COURSE DESCRIPTION:

The effects of experiences in childhood and of cultural institutions on adolescence are identified and analyzed. Major themes and topics researched and discussed include: historical and current theories on adolescent development; personality; the development of healthy and unhealthy coping styles; and major indicators of cognitive, physical and psychosocial development.

PREREQUISITE(S):

None

CO-REQUISITE(S):

None

Upon successful completion of this course, the student will be able to:

LEARNING OUTCOMES	LEARNING ACTIVITIES	EVALUATION METHODS
1. Identify and describe historical perspectives on adolescence.	Lecture Discussion Examine AV Materials and Identify Changing Depictions of Adolescence in Film	Participation in Discussion and Written Examination Brief Research Paper
2. Evaluate and summarize the developmental tasks of early, middle, and late adolescence.	Lecture Discussion Interview Adolescents to Illustrate Developmental Tasks	Participation in Discussion and Written Examination
3. Examine and illustrate the interaction of education, work and vocation on adolescent development	Case Study Preparation and Presentation Identify Challenges and Describe Proposed Solutions	Participation in Discussion and Written Examination Peer and Instructor Assessment of Presentation
4. Delineate behavioral health problems of adolescents including addictions and forensic issues.	Lecture Discussion Research on Impact of Criminal Justice System and SES on Adolescents	Participation in Discussion and Written Examination Brief Summary of Resources used in Research

LEARNING OUTCOMES	LEARNING ACTIVITIES	EVALUATION METHODS
5. Differentiate cross cultural issues and summarize their impact in a multicultural society	Lecture Discussion Written Materials (Text and supplemental power points and documents.)	Participation in Discussion and written Examination Presentation of Cross Cultural Issue with References
6. List and describe the components of the adolescent personality – including identity and intimacy – and describe methods of fostering the use of effective coping strategies.	Lecture Discussion Written Materials (Text), Handouts and DVD Brief Presentation	Participation in Discussion and Written Examination Peer and Instructor Assessment of Presentation
7. Demonstrate expertise in at least one area of current social issues in adolescence.	Lecture Independent Research Written Course Materials	Individual Research Power Point on a Specific Topic Chosen from a List of Current Adolescent Issues

At the conclusion of each semester/session, assessment of the learning outcomes will be completed by course faculty using the listed evaluation method(s). Aggregated results will be submitted to the Associate Vice President of Academic Affairs. The benchmark for each learning outcome is that *70% of students will meet or exceed outcome criteria.*

SEQUENCE OF TOPICS:

1. Definition of Adolescence
2. Historical Perspectives on Adolescence
3. Physical Development
4. Cognitive Development
5. Psychosocial Development
6. The Self and Identity Formation
7. Family Relations
8. Peer Relations
9. Sexuality
10. Education and Work
11. Stress and Behavioral Health Issues (mental health)
12. Substance Abuse
13. Antisocial Behavior
14. Transition to Adulthood: Emerging Social Issues

LEARNING MATERIALS: Update

Dolgin, K. G. (2012) *The Adolescent: Development, Relationships, and Culture*.
Boston (MA): Allyn and Bacon

Other learning materials may be required and made available directly to the student and/or via the College's Libraries and/or course management system.

COURSE APPROVAL:

Prepared by: S. Bass

Date: 6/1998

Revised by: Pam Bailey and Mary Lou Whitehill

Date: 10/2013

VPAA/Provost or designee Compliance Verification:

Date: 12/9/2013



This course is consistent with Montgomery County Community College's mission. It was developed, approved and will be delivered in full compliance with the policies and procedures established by the College.