

Montgomery County Community College
 ESW/PSY 255
 Human Sexuality
 3-3-0

COURSE DESCRIPTION:

A survey of the major topic of sex education with emphasis placed on: sexual development, functioning, behavior, gender identification, reproduction, interpersonal relationships, health, historical and cultural sex studies, and sex education.

REQUISITES:

Previous Course Requirements

None

Concurrent Course Requirements

None

LEARNING OUTCOMES Upon successful completion of this course, the student will be able to:	LEARNING ACTIVITIES	EVALUATION METHODS
1. Identify sexuality as a base for the formation of sound attitudes so as to feel comfortable about one's own sexuality	Discussions Lectures Using Multimedia Student Presentations Written Assignments Interviews Written Examinations Research Paper	Discussions Presentations Written Assignments Written Examinations Research Paper
2. Explain the role of sexuality in one's own life and in society and its contribution as a positive force to the full development of personality.	Discussions Student Presentations Written Assignments Interviews Written Examinations Research Paper	Discussions Presentations Written Assignments Written Examinations Research Paper
3. Identify the many fields and disciplines which are contributing to the understanding of sexuality.	Discussions Lectures Using Multimedia Interviews Student Presentations Written Examinations	Written Examinations Interviews Presentations
4. Compile a variety of reliable sources for sex education information.	Discussions Lectures Using Multimedia Student Presentations Research Paper	Discussions Written Examinations Research Paper Presentations

LEARNING OUTCOMES	LEARNING ACTIVITIES	EVALUATION METHODS
5. Identify services and organizations available for counseling.	Discussions Lectures Using Multimedia Student Presentations Written Assignments Interviews Written Examinations	Discussions Interviews Written Examinations Presentations

At the conclusion of each semester/session, assessment of the learning outcomes will be completed by course faculty using the listed evaluation method(s). Aggregated results will be submitted to the Associate Vice President of Academic Affairs. The benchmark for each learning outcome is that *70% of students will meet or exceed outcome criteria.*

SEQUENCE OF TOPICS:

- A. Sexual Functioning
 - 1. Male and female anatomy and physiology
 - 2. Male and female coital response
 - 3. Myths and fallacies relating to sexual functioning
 - 4. Sexual development – infancy, childhood, puberty, adolescence, adulthood, and old age
 - 5. Sexuality and mental and emotional growth
- B. Reproduction
 - 1. Hereditary, sex determination, conception, fertility
 - 2. Pregnancy, embryology
 - 3. Childbirth and delivery techniques
 - 4. Infertility and sterility
 - 5. Contraception and abortion
- C. Sexual Behavior
 - 1. Cultural values relating to sex
 - a. Religious values
 - b. Laws relating to sexual behavior
 - c. Media influence
 - d. Language
 - 2. Sexual restraint
 - a. Chastity
 - b. Celibacy
 - c. Ethics
 - d. Fidelity
 - e. Guilt
 - 3. Dreams and fantasies
 - a. Masturbation
 - b. Nocturnal Emissions
 - 4. Heterosexual activity
 - a. Premarital
 - b. Extramarital

- c. Non-marital
 - d. Cohabitation
 - 5. Atypical sexual activity
 - a. Homosexuality
 - b. Transsexuality
 - c. Hermaphroditism
 - d. Bisexuality
 - 6. Sexual variation
 - a. Sadism
 - b. Masochism
 - c. Fetishism
 - d. Exhibitionism
 - 7. Masculinity and femininity
 - a. Gender identity and gender role
 - b. Stereotypes
 - c. Male-female dominance
 - d. Male-female liberation
- D. Marriage, Family and Interpersonal Relationships
 - 1. Courtship and mate selection
 - 2. Sexual adjustment and communication in marriage
 - 3. Changing marriage patterns
 - 4. Sex education in the home
- E. Sex and Health
 - 1. Sex related biological and anatomical anomalies
 - 2. Sex and hormones
 - 3. Sexually transmitted diseases
 - 4. Sex and mental health
 - 5. Population control
- F. Review of Selected Sexual Studies
 - 1. History of sexual beliefs and attitudes in western culture
 - 2. Sex in other cultures
 - 3. The scientific study of sex
 - a. Freud, Kinsey, Masters and Johnson, etc.
 - 4. Ongoing sexual research
- G. Sources for Sexual Education, Service and Counseling

LEARNING MATERIALS:

Crooks & Bauer. (2017). *Our Sexuality* (13th ed.). San Francisco, CA: Wadsworth Cengage Learning.

Other learning materials may be required and made available directly to the student and/or via the College's Libraries and/or course management system.

COURSE APPROVAL:

Prepared by: Date: 12/2007
Revised by: Dr. Anne Livezey and Missy Miller Date: 2/2009
VPAA/Provost Compliance Verification: Dr. John C. Flynn, Jr. Date: 9/11/2009

Revised by: Dr. Anne Livezey and Dr. Deb Greenspan Date: 12/2012
Revised by: Dr. Anne Livezey Date: 4/4/2013
VPAA/Provost or designee Compliance Verification: Victoria L. Bastecki-Perez, Ed.D. Date: 4/18/2013

Revised by: Dr. Anne Livezey Date: 1/8/2018
VPAA/Provost or designee Compliance Verification: Date: 1/10/2018



This course is consistent with Montgomery County Community College's mission. It was developed, approved and will be delivered in full compliance with the policies and procedures established by the College.