COURSE DESCRIPTION:
An introduction to academic success strategies which includes: time management; goal setting; critical thinking; learning styles; test taking skills; familiarization with college resources; appreciation of diversity in college and career development. Students will engage in various self-assessments that encourage positive academic success strategies. This course also includes a lab component of individualized academic advising throughout the semester by the course instructor. NOTE: This course is mandatory for all students testing into any 010 developmental course or two or more developmental courses as a result of the placement tests.

REQUISITES:
Previous Course Requirements
- ESL 010 Basic Writing is required for students who place into ESL courses.

Concurrent Course Requirements
None

COURSE COMMENTS
Recommended to be taken with REA, ENG, and MAT 010, 011 courses where applicable.
Recommended to be taken the first semester or within the first 15 credits.

<table>
<thead>
<tr>
<th>LEARNING OUTCOMES</th>
<th>LEARNING ACTIVITIES</th>
<th>EVALUATION METHODS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Upon successful completion of this course, the student will be able to:</td>
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<tr>
<td>1. Navigate the college system including campus resources and student services.</td>
<td>Lecture/Discussion</td>
<td>Visits to the Student Success Center, Tutorial Services and Foundational Skills Lab, Guest Presenters</td>
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<td>2. Identify important college policies and procedures and show proficiency in locating them.</td>
<td>Lecture/Discussion</td>
<td>Individual/Group Activities Written Examination</td>
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<td>3. Construct an academic plan based on self-assessment, research and group and individual advising.</td>
<td>Individual and/or Group Academic Advising</td>
<td>Develop an Educational Portfolio</td>
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<tr>
<td>4. Apply strategies for setting goals, time management, test preparation, managing test anxiety, and use of learning styles.</td>
<td>Assigned Readings Lecture/Discussion</td>
<td>Individual and/or Group Activities Written Examination</td>
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<td>5. Use the college’s technological resources.</td>
<td>Lecture/Discussion</td>
<td>Written Examinations</td>
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<tr>
<td>6. Use problem-solving and critical thinking skills.</td>
<td>Assigned Readings Lecture/Discussion</td>
<td>Individual/Group Activities Written Examination</td>
</tr>
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<td>7. Describe concepts of diversity and recognize diverse perspectives.</td>
<td>Assigned Readings Lecture/Discussion</td>
<td>Individual/Group Activities Written Examination</td>
</tr>
<tr>
<td>8. Describe strategies and resources related to stress management.</td>
<td>Assigned Readings Lecture/Discussion</td>
<td>Individual/Group Activities Self-Assessment Written Examination</td>
</tr>
</tbody>
</table>

At the conclusion of each semester/session, assessment of the learning outcomes will be completed by course faculty using the listed evaluation method(s). Aggregated results will be collected by Department Coordinator(s) and submitted to the Division Dean and Associate Vice President of Academic Affairs. The benchmark for each learning outcome is that 75% of students will meet or exceed outcome criteria.

SEQUENCE OF TOPICS:
1. Course Introduction
2. Goal Setting and Time Management
3. Introduction to the Library and Tutorial Services
4. Exploration of College Technological Resources
5. Exploration of College Resources, Policies and Procedures
6. Understanding and Application of Learning Styles
7. Effective Note Taking Skills
8. Test-Taking Strategies and Managing Test Anxiety
9. Academic and Career Development
10. Individualized Academic Planning
11. Appreciation of Diversity in College
12. Financial Literacy
13. Health & Wellness
LEARNING MATERIALS:
Required Text: Online (OER) textbook: https://courses.lumenlearning.com/collegesuccess-lumen/

Student Registration - LASSI (Learning and Study Strategies Inventory - 3rd Edition).

Other learning materials may be required and made available directly to the student through the College’s Libraries and/or course management system. (Blackboard)

COURSE APPROVAL:
Prepared by: Ellie Hardy Date: 9/1998
Revised by: Joseph Kornoski Date: 3/20/2009
Interim VPAA/Provost Compliance Verification: Victoria L. Bastecki-Perez, Ed.D. Date: 1/19/2010

Revised by: Darryl Williams Date: 2/2013
VPAA/Provost or designee Compliance Verification: Victoria L. Bastecki-Perez, Ed.D. Date: 4/8/2013

Revised by: Darryl Williams Date: 12/20/2017
VPAA/Provost or designee Compliance Verification: Date: 1/8/2018

This course is consistent with Montgomery County Community College’s mission. It was developed, approved and will be delivered in full compliance with the policies and procedures established by the College.